

CHESHIRE WALKERS

Walks Programme

September 2003 to
March 2004



Welcome to the Autumn and Winter Walks programme for the **Cheshire Walkers** - the RA group in Cheshire, Greater Manchester and Merseyside aimed at the under 40's. We've had a very successful year with membership now near the 100 figure and good turnout at all events. The programme has a mixture of walks aimed at all abilities in a variety of locations so hopefully we will see you on a walk soon. Although no weekends away are advertised there is the opportunity to stay over before or after walks that are further afield such as those in Snowdonia, the Lake District and Shropshire - contact the walk leader for more details or see updates on our website.

www.cheshirewalkers.freemove.co.uk

Social Events

Our website will also have updates on social events - events coming soon include the Warrington Oktoberfest beer festival for the third year running (surprisingly in October but we don't know which weekend yet!), the Rivington Barn Dance on the 15th November and our Christmas meal. Listen out on walks for other events.

Transport & Meeting Points

We normally travel to the walks by car meeting promptly at the time and location given in the programme. Please call the leader by the day before the walk to let them know you'll be going. It may also be possible to arrange lifts with other members of the group. There are also a few walks accessible by public transport - again check with leaders.

See you on a walk soon

Simon

Walk Conditions

Our walks cover a variety of terrains and are graded accordingly, the grades may also depend on the time of year.

EASY: Lowland walking, gentle hills, ideal for beginners

MODERATE: Hills & Dales, generally below 1,500 feet.

HARD: High level mountain & moorland over 1,500 feet. May include steep ascents or scrambling.

The following are items of clothing and equipment which you should consider bringing on walks:

Comfortable Walking Boots (not trainers)

Waterproof Jacket & Overtrousers

Warm Clothing

Packed Lunch & Water

With Your Ramblers Membership you can get discount on goods in many outdoor shops.



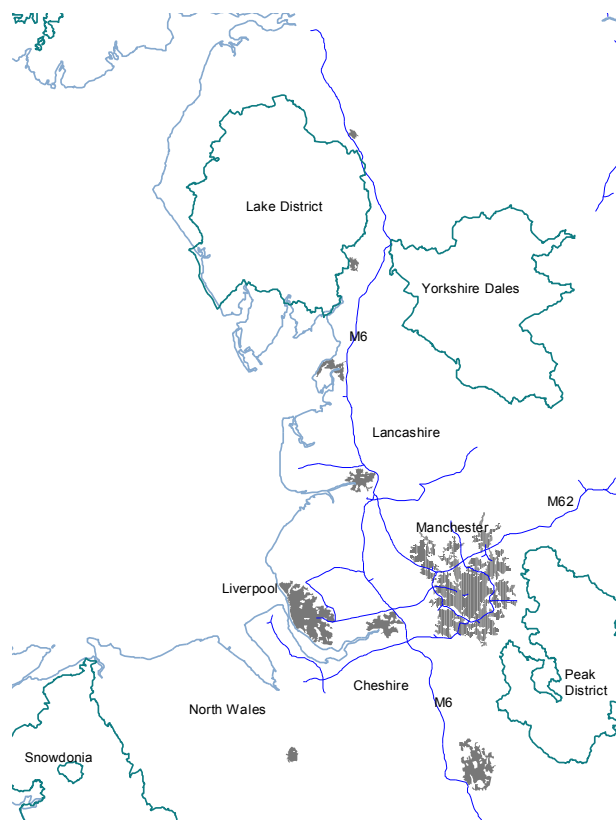
Cheshire Walkers are part of The Ramblers Association whose aims include protecting Britain's network of paths, safeguarding the beauty of the countryside, striving to increase access, and providing information and advice on all aspects of walking.

Registered Charity No. 306089

Ramblers Association Central Office

1-5 Wandsworth Road, London, SW8 2XX – Tel: 0207 339 8500

Where we Walk



October 2003

Oct 5th *Sunday 10.00am*

Lancashire: Stocks Reservoir

This route takes in the River Hodder, Stocks Reservoir, Gisburn Forest and views of the surrounding fells.

Start Point : The green opposite the car park, Slaidburn (SD713523)

Distance : 11 Miles **Level:** Moderate

Leader : Susan Brindle **Tel:** 01257 481350

Oct 12 *Sunday 10.00am*

Merseyside: Sefton Coast

Fed up with yomping in the hills? Then have a day out at the beach instead! A pleasant stroll among the sand dunes and pine woods of this internationally designated coastal area.

Start Point : National Trust car park, Formby (SD276082)

Distance : 8 Miles **Level:** Easy

Leader : Dave Perry **Tel:** 01925 573657

Oct 19th *Sunday 10.00am*

Peak District: Winkle

The walk follows the beautiful River Dane down stream, then traverses the top of a valley. We will have wonderful autumnal views over Cartlidge Wood, maybe hearing the owls.

Start Point : On the road, just down from the Ship Inn. Turn off the A54 down the lane to Winkle (GR962653)

Distance : 8 Miles **Level:** Easy / Moderate

Leader : Aidan Williams **Tel:** 01925 411718
0795 1218035

Oct. 26th *Sunday 10.00am*

Snowdonia: Moel Siabod, from Pont Cyfng

An outstanding ascent of this fine mountain via the waters of Llyn y Foel and the rocks of Daeir Ddu. On a good day, the views of Snowdon from its summit are without equal.

Start Point : Car park opposite the Tyn y Coed hotel on the A5 (GR733754)

Distance : 7 Miles **Level:** Hard

Leader : Angus Duncan **Tel:** 01565 653209
07903 457451

November 2003

Nov 2nd *Sunday 10.00am*

Peak District: Monks Dale And Other Dales

This walk takes in some of the lesser Limestone Dales, including the marvellous Monks Dale, and also the village of Tideswell, the Cathedral of the Peaks.

Start Point : Car park in Tideswell Dale, on the B6049 south of Tideswell.

Distance : 10 Miles **Level:** Moderate

Leader : Simon Gebbett **Tel:** 01925 230701

Dec 7th Sunday 10.00am
Yorkshire Dales: Dent
Start Point :
Distance : **Level:**
Leader : Andy Gantley **Tel:** 01244 317229

Dec 21st *Sunday 10.00am*

The traditional Christmas walk and meal.

Start Point :

Distance : **Level:**

Leader : **Tel:**

Jan 4th *Sunday 10.00am*
Cheshire: Sandstone Trail
A low level winter walk in classic Cheshire countryside with castle backdrops
Start Point : Car park near Beeston Castle
Distance : 10 miles **Level:** Moderate
Leader : Andy Gantley **Tel:** 01244 317229

Jan 11th *Sunday 10.00am*

Lancashire: Arnside to Silverdale

This walk, which is and has great charm and variety, takes in coastline, old coppice woodland complete with squirrels and roe deer, and just one climb, to the summit of Arnside Knott, now planted with conifers. A nearby vantage point takes in the Kent Estuary, Whitbarrow and a range of Lakeland fells.

Start Point : Arnside promenade

Distance : 8 Miles **Level:** Easy

Leader : Susan Brindle **Tel:** 01257 481350

Jan 18th *Sunday 9.45am (earlier than usual!)*

Snowdonia: Llyn Crafnant

Walking in a quieter corner of Snowdonia, we see the hidden lakes of Wales. The walk goes through sparse old forest and undulating open landscape, with breathtaking views down the Ogwen Valley, then up the Nany y Geuallt pass and back around Llyn Crafnant.

Start Point : From Trefriw on the B5106, head upto the car park at the foot of Llyn Crafnant Reservoir (GR756618)

Distance : 9.5 Miles **Level:** Hard

Leader : Aidan Williams **Tel:** 01925 411718
0795 1218035

Jan 23rd - The by-now traditional January Lake District weekend

25th

Venue and walks to be decided.

Leader : Angus Duncan

Tel:

01565 653209

07903 457451

February 2004

Feb 1st

Sunday 10.00am

Staffordshire: Biddulph Grange

A chance to take in the Biddulph Grange and Greenway Bank country parks and the Biddulph Valley Way. This walk has flora, fauna, WC and a pub.

Start Point : Car park at Biddulph Grange Country Park (note: not the National Trust car park next door!)

Distance : 8 Miles

Level:

Moderate

Leader : Carl Hansen

Tel:

Feb 8th

Sunday 10.00am

Snowdonia: Somewhere

This moderately hilly walk travels through a variety of small lakes and should provide some excellent views of Snowdon.

Start Point : Car park on north east side of Bethania (628508). This is 1.5km past the west side of Lyn Gwynant

Distance : 10 Miles

Level:

Moderate

Leader : Craig Millar

Tel:

0161 9286296

Feb 15th

Sunday 10am

Start Point :

Distance :

Level:

Leader : Vicki Warren

Tel:

0161 448 2348

Feb 22nd

Sunday 10.00am

Peak District: Stanage Edge

The classic Peaklands "edge", combining a long gritstone escarpment with visits to Higger Tor and the mysterious fortifications of Carl Wark. The area is rich in history and legend, giving me an excuse to waffle on endlessly.

Start Point : Car park in the centre of Hathersage (SK232815)

Distance : 11 Miles

Level:

Moderate

Leader : Dave Perry

Tel:

01925 573657

Feb. 29th

Sunday 10.00am

Peak District: Hollins Cross and Mam Tor from Castleton

The walk will go through the western side of the Hope Valley, at the edge between White and Dark Peak, past the village, up to Hollins Cross, along the mountain ridge to Mam Tor, then back to Castletob through disused mine caverns and Peveril Castle. Excellent view points at Hollins Cross and Mam Tor.

Start Point : Car park at Castleton

Distance : 7.5 Miles

Level:

Moderate

Leader : Antonio

Tel:

0776 6583723

Filippone

March 2004

Feb. 8th *Saturday 10am*

Cheshire Peak District: Lyme Park from Poynton

This pleasant walk visits some of the countryside surrounding Lyme Park.

Start Point : Car park to the east of Poynton Lake (GR SJ952842)

Distance : 10 Miles **Level:** Moderate

Leader : Simon Gebbett **Tel:** 01925 230701

Feb. 16th *Sunday 10am*

Peak District: Beresford & Wolfscote Dales

Explore the upper reaches of the River Dove, with some riverside walking and sweeping views from the higher points of these two narrow and steep-sided dales.

Start Point : Car Park in Hartington (GR SK 126602)

Distance : 8 Miles **Level:** Easy

Leader : Dave Perry **Tel:** 01925 573657

Feb. 23rd *Sunday 10am*

Lancashire: Pendle Hill & Reservoirs

Start Point : Barley Post Office (GR SD822403)

Distance : 7/8 Miles **Level:** Moderate

Leader : Peter Brown **Tel:** 07932 596421

March 2003

Mar. 2nd *Sunday 10.00am*

Peak District: Froggat Edge, Burbage Edge & Padley Gorge

Explore the gritstone edges of the eastern Peak District.

Start Point : Hay Wood Car park near the Grouse Inn on the B6054 Calver - Dronfield Road (GR SK256776)

Distance : 10 Miles **Level:** Moderate

Leader : Vicki Warren **Tel:** 0161 448 2348

Mar. 15th *Saturday 10.00am*

Snowdonia: Carnedd Llewelyn from Bethesda

Bag a (Welsh) Munro - climb the second highest mountain in Wales the easy route!

Start Point : Bethesda - exact location to be determined

Distance : 9 Miles **Level:** Hard

Leader : Simon Gebbett **Tel:** 01925 230701

Mar. 23rd *Sunday 10am*

Cheshire Peak District: Shutlingsloe & Macclesfield Forest

This attractive walk visits Cheshire's Matterhorn before climbing through Cumberland Clough to visit one of the highest inns in England.

Start Point : Lay-by at Trentabank Reservoir, Macclesfield Forest (GR SJ963711)

Distance : 8 Miles **Level:** Moderate/Hard

Leader : Angus Duncan **Tel:** 01565 653209
07903 457451

Mar. 30th *Sunday 10am*

Yorkshire Dales: Giggleswick Scar

A beautiful walk amongst limestone scenery, with waterfalls and several notable caves once inhabited by cavemen!

Start Point : Car park near railway viaduct, Settle (GR SD819638)

Distance : 10 Miles **Level:** Moderate

Leader : Dave Perry **Tel:** 01925 573657