

April 25th *Sunday 10.00am*

Yorkshire Dales: Bolton Abbey

Walk along the Wharfe river to Bolton Priory, cross the river and climb up to the grouse moors. Panoramic views of the upper Wharfedale.

Start Point : Parking off the A59 at Bolton Bridge, east of Skipton (GR SD 071529)

Distance : 9 Miles **Level:** Moderate
Leader : Antonio **Tel:** 0776 6583723

May 2004

May 2nd *Sunday 10.00am*

Snowdonia: The North Glyders

This high level route encompasses some of the less frequented summits of the Glyders, including Elidir Fawr which is quite tough, finishing with a steep climb up a slippery grassy slope, Mynydd Perfedd, Carnedd y Filiast, Foel Goch and Y Garn.

Start Point : Nant Peris on the A4086 2.5 miles east of Llanberis where there is a large car park and toilets. (GR SH 605584)

Distance : 9 Miles (4000ft ascent) **Level:** Hard
Leader : Ian **Tel:** 07742 118 147

May 8th *Saturday 9.45am (Please note this walk is on a Saturday!)*

Lake District: Fairfield Horseshoe

One of Lakeland's classic walks, this high level traverse encircles the Rydal valley passing over eight summits en route. A magnificent aerial promenade affording panoramic views of distant mountains and lakes.

Start Point : Rydal road car park, Ambleside (GR SD 376047)
Distance : 11 Miles **Level:** Hard
Leader : Angus **Tel:** 01565 653209
07903 457451

July 25th *Sunday 10.00am*

Snowdonia: Tal-y-Fan

Tal-y-Fan has views over Conway and the coast. At just over 2,000 feet it is the lowest mountain in Snowdonia and is for those who want to climb a mountain without too much effort

Start Point : Rowen - come off A470 at Tal-y-cafn. Roadside parking at lower end of Rowen village (GR SH760720)

Distance : 7 miles **Level:** Moderate
Leader : Andy **Tel:** 01244 317229

August 2004

Aug 1st *Sunday 10.00am*

Peak District: Train Walk

The first of our fabulous linear train walks - more details to follow!

Start Point : To be announced
Leader : Craig **Tel:** 0161 9286296

Aug 6th - 8th

5th Anniversary Weekend in Wasdale

For our 5th anniversary weekend Paul has planned a trip to Wasdale head, a quiet part of the Lakes, unspoiled by the tourist traps further east. High and low level walks will be provided over the weekend and on Saturday night we are planning a barbeque banquet (bring your own food!) Other attractions include The Screes pub which does excellent food and traditional ales! For more details contact Paul.

Location : Church Stile campsite, Nether Wasdale (GR NY126040) (Wasdale YHA 1 mile away for those who don't want to camp)
Bookings taken until 9th July.

Contact : Paul **Tel:** 01925 485589
0778 9274958

April 2004

Aug 15th

Sunday 10.00am

Peak District: Goyt Valley

A circuit in one of the Peak District's most famously conserved valleys.

Start Point : Lower (second) car park on west side of the Errwood Reservoir in the Goyt Valley. Approach from the B5470 Macclesfield to Whaley Bridge road (GR SK 012748)

Distance : 12 Miles, **Level:** Moderate
1400ft ascent

Leader : Vicki **Tel:** 0161 448 2348

Aug 22nd

Sunday 10.00am

Snowdonia: High Carnedd

An exhilarating walk in this quieter mountain range - Snowdonia's best kept secret! Carnedd Dafydd, Llewelyn and Helgi Du provide a classic route around the southern ridges. Some simple scrambling.

Start Point : Car park at Gwern Gof Isaf farm about 1 mile east of Llyn Ogwen on the A5 (GR SH685603)

Distance : 10 Miles **Level:** Hard

Leader : Angus **Tel:** 01565 653209
07903 457451

• Aug
27th -
30th

• August Bank Holiday Weekend Away

This year we will be going to a top-secret location that can't be divulged at the present time!

Contact: Aidan **Tel:** 01925 411718

Apr. 4th

Sunday 10.00am

Peak District: Lantern Pike & Cown Edge from Rowarth

This area is just inside the far western boundary of the Peak District National Park and is often ignored by walkers, as the greater attraction of the Kinder Plateau is so close. However, undertake this lower level walk and you will be surprised at the variety of views and countryside.

Start Point: Small car park in Rowarth, off the road between Marple Bridge and New Mills. The approach to this car park is from Hollinsmoor Road (GR SK 012892).

Distance: 9 Miles **Level:** Easy / Moderate

Leader : Simon **Tel:** 01925 230701
0773 3138720

April 9th -
12th

Easter Weekend in Pembrokeshire

Fed up with yomping in the hills? Then join us for a weekend walking parts of the Pembrokeshire Coastal Path (probably still just as much up and down!)

At this late date the youth hostel may be full but if you are interested let Simon know.

Location : Broad Haven YHA

Contact : Simon **Tel:** 01925 230701

April 18th

Sunday 10.00am

Peak District: Hartington

This walk in the White Peak takes in Beresford Dale, Alstonfield,

Wetton, the Manifold Valley and Hulme End.

Start Point : Market Place, Hartington, on the B5054 off the A515 Buxton to Ashbourne road (GR SK 128604)

Distance : 12.5 Miles **Level:** Moderate

Leader : Susan **Tel:** 01257 481350

Welcome to the Summer 2004 Walks Programme for the Cheshire Walkers - the walking group for the young and young at heart for Cheshire, Greater Manchester and Merseyside! As the evenings grow longer and the warmer weather returns, you are all no doubt itching to get your boots back on - although from the numbers that we've had out recently the cold wet winters don't deter you!

This summer is our 5th anniversary and so a mixture of walks are laid before you today. Hopefully on the menu we have something to meet everybody's taste, with both new and old locations. Of particular attention are our first backpacking weekend in the Lake District, a linear walk with return by train, and the return of the Challenge walk - this year the proposal is to complete the Ennerdale Horseshoe. For those of you who prefer something a little less strenuous we have a mixture of easier walks in some of the most beautiful countryside in the North West and North Wales.

During the summer we will again be holding a series of evening walks - volunteers to lead are as welcome as ever! Look out for e-mails or details on the weekend walks. There may also be scope for extra weekend walks if people want them. As always there will also be social events organised throughout the summer, again look out for e-mails. If anyone wants to organise anything let us know. If we do not already have your e-mail please pass it on to Aidan so that he can add you to the mailing list. The group e-mail address is:
cheshirewalkers@williams67.fslife.co.uk

There will also be updates on the website:
www.cheshirewalkers.freemove.co.uk

Finally, looking to the future if any of you are keen on getting further involved with the group, either leading walks or anything else just let myself, Aidan or Andy know!

See you all soon and Happy Walking!

Simon

September 2004

Sept. 5th *Sunday 10.00am*

Yorkshire Dales: Ingleborough

Starting in attractive village of Clapham and passing through the awesome chasm of Trow Gill and the dramatic entrance of Gapping Gill, the higher slopes provide fantastic views. Ascent is lengthy but only the final haul is strenuous.

Start Point : Car park in Clapham, just off the A65 (GR SD 746692)

Distance : 8 Miles

Level: Moderate

Leader : Andy

Tel: 01244 317229

Sept. 12th *Sunday 10.00am*

Lancashire: Boulsworth Hill and Wycoller

A route to Boulsworth Hill from Wycoller Country Park rewards with good views, gritstone outcrops, patchwork fields, wooded valleys and a hidden waterfall. Includes parts of the Pendle Way and Bronte Way

Start Point : Wycoller Country Park is about 2 miles from Trawden. From A6068 in Colne, take the B6250 to Trawden. Turn left in Trawden following signs to Wycoller (GR SD926395)

Distance : 11 miles

Level: Moderate

Leader : Simon

Tel: 01925 230701

0773 3138720

Sept 19th *Sunday 10.00am*

North Wales: Vale of Clwyd, Denbighshire

Explore the diverse and historic delights of an over looked area on the edge of Wales. The area offers river walks - hills - gorges - woodland and 31 stiles!

Start Point : Llanrhaeadr, N/W of Ruthin on the A525
Meet near the Church (GR SJ 081634)

Distance : 11 Miles

Level: Moderate

Leader : Aidan

Tel: 01925 411718

0795 1218035

Sept. 26th *Sunday 10.00am*

Peak District: Froggat Edge, Burbage Edge & Padley Gorge

Explore the gritstone edges of the eastern Peak District.

Start Point : Pay and display car park at Hay Wood. Down an unmarked track off the A625 Calver to Dronfield Road just before a lay-by and The Grouse Inn (GR SK 256778)

Distance :	10 Miles	Level:	Moderate
Leader :	Vicki	Tel:	0161 448 2348

Other Stuff

Don't forget our website which includes the walks programme and any changes and updates www.cheshirewalkers.freemove.co.uk

Social events are organised on an ad hoc basis and advertised on the walks and by e-mail so keep your ears open!

Walk Conditions

Our walks cover a variety of terrains and are graded accordingly, the grades may also depend on the time of year.

EASY: Lowland walking, gentle hills, ideal for beginners

MODERATE: Hills & Dales, generally below 1,500 feet.

HARD: High level mountain & moorland over 1,500 feet. May include steep ascents or scrambling.

The following are items of clothing and equipment which you should consider bringing on walks:

Comfortable Walking Boots (not trainers)

Waterproof Jacket & Overtrousers

Warm Clothing

Packed Lunch & Water



Walks Programme

**April 2004 to
September 2004**



July 2004

July 4th *Sunday 10.00am*

Snowdonia: North Carnedd Range

From Aber passing the Aber Falls we enter this empty quarter of the Carneddss. We take in a number of peaks including: Drosogl, Foel Fras and Drum, on this high level circular walk, with stunning unfamiliar views.

Start Point : Off the A55 at Aber (beyond Llanfairfechan), go through Aber village up the lane to Bont Newydd car park (GR SH663720)

Distance : 12 miles **Level:** Hard
Leader : Aidan **Tel:** 01925 411718

July 10th *Saturday - Very Very Early (Please note this walk is on a Saturday!)*

This Year's Challenge Walk - Ennerdale Horseshoe

Come and have a go if you think you're hard enough!
Contact Simon for more details!

Start Point : TBA
Distance : 25 Miles **Level:** Bloody Hard!
Leader : Simon **Tel:** 01925 230701

July 18th *Sunday 10.00am*

Cheshire: The Cloud, Bosley and surrounding area

This enchanting walk involves ambling over Cheshire fields, passing through woody outcrops, meandering along the tow-path of a picturesque stretch of the Macclesfield canal and climaxing with a short ascent to a vantage point at the top of the 'Cloud' where you can marvel at the spectacular views in all directions. Something for everyone!

Start Point : Car Park/picnic area on Weathercock Lane, Timbersbrook, off the A54 near Congleton (GR SJ 896626)

Distance : 11 miles **Level:** Easy / Moderate
Leader : Clare **Tel:** 0787 677 5952

May 16th *Sunday 10.00am*

Peak District: Longnor

From the once important village of Longnor we enter an area described as the quintessential part of the Peaks. This is a dramatic area with the Chrome, Parkhouse and High Wheeldon Hills.

Start Point : Market car park in Longnor, on B5053, off A515 Buxton to Ashbourne Road (GR SK089649)

Distance : 11 Miles **Level:** Moderate
Leader : Aidan **Tel:** 01925 411718
0795 1218035

May 23rd *Sunday 10.00am*

Lancashire: Heart of the Ribble - Hurst Green and three rivers Ribble, Calder & Hodder

Maybe Middle Earth? A walk through the heart of the Ribble valley along grassy riverside paths with pastoral scenery, scattered woodlands and the backdrop of moors. An area in which Tolkien spent much time whilst writing the trilogy & may have inspired his creation of The Shire. For all you would-be Hobbits - come along & decide for yourselves!

Start Point : Car park Hurst Green Village Hall. At Junction 31 of the M6 take the A59 towards Clitheroe, then on to B6243 Hurst Green (GR SD 685379)

Distance : 9 Miles **Level:** Easy (Flat!)
Leader : Sylvia **Tel:** 01925 767347

May 29th to 31st

Weekend in the southern part of Snowdonia

Walks will include Cadair Idris and something less strenuous.

For more details contact Andy.

Contact : Andy **Tel:** 01244 317229

June 2004

June 6th *Sunday 10.00am*

Lake District: The Greenburn Horseshoe - Wetherlam from Little Langdale

By all accounts this is a classic horseshoe walk with great views of Scafell and Crinkle Crag. We'll also be passing by the 3 shires stone, which marked meeting of the old counties of Lancashire, Westmorland and Cumberland. There are some steep sections over rocky ground and the need to do some easy scrambling.

Start Point : Little Langdale is 5 miles west of Ambleside along the A593 Coniston Road, and then along the minor road leading to the Wrynose Pass. We'll meet near the payphone in Little Langdale Village (GR NY 316034.)

Distance : 9 miles **Level:** Hard
Leader : Craig **Tel:** 0161 9286296

June 13th *Sunday 10.00am*

Peak District: Bakewell to Chatsworth

This route goes through Haddon Hall, to the Bowling Green above the hall, along the edge of Chatsworth Park and returns to Bakewell via the village of Edensor.

Start Point : Car park in Bakewell (exact location to be defined later) (GR SK 220686)

Distance : 10 Miles **Level:** Moderate
Leader : Antonio **Tel:** 0776 6583723

June 18th - 20th

Lake District Backpacking Weekend

A two-day walk, encircling the Newlands valley. Walk from Keswick to Buttermere on day one, then back to Keswick on day two. Along the way it takes in the classic traverse of Cat Bells and the summit of Dale Head, with sweeping views down the length of the Newlands valley. Some steep climbs rewarded by walking on high fells with great views.

Contact Wendy for more details.

Distance : Day 1: 11 miles **Level:** Hard
Day 2: 7.5 miles
Leader : Wendy **Tel:** 01928 719992

June 27th *Sunday 10.00am*

Lancashire: A little bit of the Rochdale Way between Edenfield and Rochdale

I keep driving past this particular section of the way and it always looks beautiful and inviting. The walk is very varied including one hill (419m), Ashworth Moor & Reservoir, wooded valleys, disused water mills, the Three Owls Bird Sanctuary (if of interest) and the famous (to those in the know) Owd Betts pub.

Start Point : To be confirmed
Distance : 12 miles **Level:** Moderate / Easy
Leader : Zoe **Tel:** 0161 792 2388
0797 7225796