

CHESHIRE WALKERS

Walks Programme

October 2006 to March 2007

The group e-mail address is:

There will also be updates on the website: <http://www.cheshirewalkers.org.uk/>

October 2006

Oct 1st	<i>Sunday 10am</i>		
	A weekend off for you all, or you can check out the Ramblers official Big Bash weekend - see their website for more details.		

Oct 8th	<i>Sunday 10am</i>		
	Peaks: Longnor		
	Starting from the old market town of Longnor, we walk round to Pilsbury Castle (Norman motte-and-bailey), High Wheeldon Hill and Sheen Hill before returning to Longnor.		
	Start Point:	Car park, in the centre of Longnor (GR SK089 649)	
	Distance:	10 Miles	Level: Easy / Moderate
	Leader:	Aidan	Tel: 01925 212 822 / 07908 976722

Oct 15th	<i>Sunday 9.45am</i>		
	Snowdon via the Watkin Path and Allt Maendryn		
	What more needs to be said - it's Snowdon! N.B. Anyone wanting to camp over night or stay over on the Saturday night can do as there's a good campsite and youth hostel near by and good pubs in Beddgelert.		
	Start Point:	Car park at Bethania on A498 NE of Beddgelert (GR SH628 508)	
	Distance:	9 Miles (tbc)	Level: Hard
	Leader:	Paul	Tel: 0778 9274 958

Oct 22nd	<i>Sunday 10am</i>		
	Cheshire: Higher Poynton to Furness Vale via Lyme Park		
	We start from a local nature reserve which has been reclaimed from it's previous industrial use. We will visit Lyme Park, Bowstones Gate, The Dipping Stone, Furness Vale and return along the Ladybrook Valley Interest Trail.		
	Start Point:	Jacksons Brickworks Car Park, Higher Poynton (GR SJ945844). From the traffic lights in Poynton, go straight up Park Lane until you reach a fork in the road, take the left hand fork, then take the second left hand fork, continue until you see the brown tourist sign for the car park which is down a road on your right.	
	Distance:	12 Miles	Level: Moderate
	Leader:	Alison	Tel: 07814 107902

Oct 29th	<i>Sunday 10am</i>		
	West Yorkshire: The West Yorkshire Sculpture Park & Bretton Country Park		
	The Yorkshire Sculpture Park - set within Bretton Country Park - features both outdoor and indoor installations and exhibitions by Henry Moore, Barbara Hepworth, Elisabeth Frink, and many others. Bretton Country park itself is a haven for wildlife and is especially popular with bird-watchers. In the morning we will do a 5-mile walk around the local area, before having lunch in the Sculpture Park cafe and then exploring the Sculpture Park itself in the afternoon.		
	Start Point:	Yorkshire Sculpture Park car-park, just off junction 38 of the M1, GR SE 295 125	
	Distance:	5 Miles	Level: Easy / Moderate
	Leader:	Charles	Tel: 0161 973 4799 / 07960 109 067

November 2006

Nov 5 th	<i>Sunday 10am</i>			
	North Wales: Cilcain & Moel Famua			
	The first part of this route is along the Leete Path, which runs alongside the wooded Alyn valley. It continues into Cilcain and descends from the village, after which comes the long, steady and, towards the end, steep climb across open moorland to the summit of Moel Famau. At 1818 ft (554m) Moel Famua is the highest point in the Clwydian Hills and a magnificent viewpoint. The descent, through the conifers of Clwyd Forest, is reasonably easy and straightforward.			
	Start Point:	Park at Loggerheads Country Park by the information centre and café (GR SJ 198 622).		
	Distance:	9.5 Miles	Level:	Moderate
	Leader:	Alison	Tel:	0782 1393 879

Nov 12 th	<i>Sunday 10am</i>			
	Peak District: Ringing Roger and Edale Cross from Edale			
	After zigzagging up to the summit rocks of Ringing Roger we'll turn west to follow the rim of the Edale valley past some interesting rock formations before descending via Jacob's Ladder for a well earned beer at the Nag's Head.			
	Start Point:	Main car park at Edale (GR SK 124 853)		
	Distance:	10 Miles	Level:	Hard
	Leader:	Angus	Tel:	01565 650322 / 07903 457451

Nov 18 th	<i>Saturday 10am</i>			
	Peak District: Bamford-Grindleford Linear			
	Explore the new open access area of Bamford Moor with it's stone circles and ancient wood. You will also see the Ladybower Dam, and Stannage Edge. This is a linear walk starting from Bamford Railway station and ending at Grindleford Railway station where we will catch the train back to Bamford. More details to come nearer the time.			
	Start Point:	Bamford Station (GR SK 208 825)		
	Distance:	10-12 Miles	Level:	Moderate
	Leader:	Sarah	Tel:	0161 477 7147 / 07800 624 427

Nov 19 th	<i>Sunday 10am</i>			
	Snowdonia: Cnicht			
	This walk approaches the 690m peak from the north. After enjoying the spectacular views from the summit, we will follow the ridge down towards two picturesque lakes and then back to our starting point.			
	Start Point:	Car parking at SH 633 485 (OL map 17) near Gelli Lago, on the road from Nantgwynant to Nantmor (turn off the A498 before Beddgelert).		
	Distance:	6 Miles	Level:	Hard
	Leader:	Nigel	Tel:	07971 063709

Nov 26 th	<i>Sunday 10am</i>			
	Lancashire: Chipping and Dinkling Green			
	This walk in the south of the Forest of Bowland is in some of the remotest and quietest countryside imaginable. Dinkling Green is a little hamlet now owned by Myerscough Agricultural College. It has 17th century cottages with Tudor architecture and an old schoolhouse. And all this within easy reach of the M6!			
	Location:	Car Park in centre of Chipping. Leave the M6 at Junction 31A taking the B6243 to Longridge then follow signs to Chipping. (GR SD 622 433)		
	Distance:	10 miles	Level:	Easy / Moderate
	Leader:	Simon	Tel:	0161 476 0669 / 07733 138 720

December 2006

Dec 3rd	<i>Sunday 10am</i>			
	North Wales - Denbigh Moors			
	Welcome to the desolate wilderness of the Mynydd Hiraethog (the Denbigh moors). We shall visit Llyn Alwen, Mwdwl-eithin, and the "haunted house" that once stared out across this rarely explored landscape. Be prepared for some "open-access" walking.			
	Start Point:	Llyn Brenig visitors centre (GR SH 96742 54696)		
	Distance:	12.5 Miles	Level:	Hard
	Leader:	David	Tel:	07730 008 351

Dec 10th	<i>Sunday 10am</i>			
	Yorkshire Dales - Grassington Moor from Linton			
	A low-level walk in the Dales with many highlights, including Linton Falls (the largest waterfall on the River Wharfe), the crags at Bolton Haw, and abandoned mine workings (including a perfectly preserved 100ft high chimney at Cupola Corner) that demonstrate that what is now a national park was once a hive of industrial activity.			
	Start Point:	Car-park at Linton Falls, between Linton and Grassington (GR SE 002 632)		
	Distance:	9 Miles	Level:	Moderate
	Leader:	Charles	Tel:	0161 973 4799 / 07960 109 067

Dec 17th				
	Christmas Walk (and possibly meal!)			
	TBC nearer the time when Jo has investigated places that can put up with us all! If anyone has any suggestions please feel free to contact Jo			
	Start Point:			
	Distance:		Level:	
	Leader:		Tel:	0161 476 0669

January 2007

Jan 7th	<i>Sunday 10am</i>			
	Lancashire: Gorple Road, Sheddin Clough and Hurstwood Hall from Worsthorne			
	Start the new year of walking with this walk around the moors and villages of east Lancashire.			
	Start Point:	Centre of Worsthorne or Hurstwood Hall car park - see website updates for final details. (GR SD 875 324)		
	Distance:	8 miles	Level:	Moderate
	Leader:	Simon	Tel:	0161 476 0669 / 07733 138 720

Jan 14th	<i>Sunday 10am</i>			
	Cheshire: Beeston Castle & the Shropshire Union Canal			
	For most of the walk there are striking views both of medieval Beeston Castle and Victorian Peckforton Castle, perched on neighbouring wooded hills overlooking the Cheshire plain. Much of the route is flat - across fields and along a canal towpath - with a gentle climb along the Eddisbury Way then onto the Sandstone Trail - where the walk runs through woodland before the descent back to Beeston.			
	Start Point:	Park at the Beeston Castle car park - free if visiting the castle, otherwise a fee of £1 is payable at the castle ticket office (GR SJ 542 592).		
	Distance:	8 Miles	Level:	Moderate to Easy
	Leader:	Alison	Tel:	0782 1393 879

Jan 20th	<i>Saturday 10am</i>			
	Peak District - Gradbach & Luds Church			
	This walk takes in the River Dane towards Gradbach Youth Hostel, and then into Forrest Wood to see Luds Church which is a natural chasm believed to have been a place of worship in the 15th century. If you do a general google search on "Luds Church Gradbach" you'll see some wonderful pictures of this magnificent place, which is 15 ft deep in parts.			
	Start Point:	Gradbach Car Park (GR SJ 998 663)		
	Distance:	10 Miles	Level:	Moderate
	Leader:	Sarah	Tel:	0161 477 7147 / 07800 624 427

Jan 26th - Jan 28th				
	Annual Lakes Weekend!			
	Further details nearer the time.			
	Start Point:			
	Distance:		Level:	
	Leader:	Aidan / Zoe	Tel:	Aidan 01925 212 822 / 07908 976722

February 2007

Feb 4th	<i>Sunday 10am</i>			
	Cheshire: Shutlingsloe			
	An old Cheshire favourite, with a slight difference. Macclesfield Forest, Shutlingsloe, Axe Edge Moor and a quick drink at the Cat and Fiddle.			
	Start Point:	Macclesfield Forest visitors centre (GR SJ 96144 71133).		
	Distance:	12 Miles	Level:	Hard
	Leader:	David	Tel:	07730 008 351

Feb 11th	<i>Sunday 10am</i>			
	Lancashire: Edgworth Circular near Bolton			
	This walk has woodland to start with and then gives way to open land with great views from the top of peel tower and then a descent back to Edgworth.			
	Start Point:	Centre of Edgworth. At the crossroads in the town centre there are a couple of pubs opposite each other and parking on the road as well (GR SD 741 168).		
	Distance:	9 Miles	Level:	Moderate
	Leader:	Steve	Tel:	07960 278 804

Feb 18th	<i>Sunday 10am</i>			
	Yorkshire Dales: Pen-y-Ghent & Plover Hill			
	Starting from Horton-in-Ribblesdale, the walk takes in the busy ascent to the top of Pen-y-Ghent (one of the traditional three peaks of Yorkshire) and the much quieter ridge along to Plover Hill, with spectacular views over Ribblesdale to Wharfedale and Ingleborough.			
	Start Point:	Car-park in Horton-in-Ribblesdale (GR SD 807 726).		
	Distance:	10 Miles	Level:	Moderate
	Leader:	Charles	Tel:	0161 973 4799 / 07960 109 067

Feb 25th	<i>Sunday 10am</i>			
	North Wales: The Berwyns			
	This walk starts and finishes at the beautiful Pistyll Rhaedr waterfall. We will climb two summits, Moel Sych and Cadair Berwyn (both are 827m), and return through Moorland Berwyn. The moors are rich in Welsh legends and medieval history.			
	Start Point:	Car park at GR SJ 073 295 beside the waterfall at the end of the road from Llanrhaedr-ym-Mochnant (follow the B4580 from Oswestry).		
	Distance:	8 Miles	Level:	Hard
	Leader:	Nigel	Tel:	07971 063 709

March 2007

Mar 4th	<i>Sunday 10:00am</i>			
	Lake District: Fairfield Horseshoe			
	One of Lakeland's classic horseshoe walks and a personal favourite of mine. This magnificent high traverse encircles the Rydal valley offering panoramic views of mountains and lakes.			
	Start Point:	Rydal road car park, Ambleside (GR NY 376 047)		
	Distance:	11 Miles	Distance:	Hard
	Leader:	Angus	Leader:	01565 650322 / 07903 457 451

March 11th	<i>Sunday 10am</i>			
	Lancashire: Abbey Village - Sunnyhurt Tower, Ryal Fold, Reservoirs			
	Hare and Hounds is friendly village pub with real ale and pub grub. A good place to start and finish a walk. The beginning and end of the walk are along Water Authority tracks mainly through mature deciduous woodland (sycamore, oak, beech and ash) where there is a good variety of birdlife to be heard and seen if you are still and quiet. Above the woodland the walk goes across fields and on bridleways through pastureland.			
	There is quite a pull for the last kilometre up to Jubilee Tower which stands at the end of a moorland ridge. There are extensive views. If the weather is reasonable you can see to North Wales, the Lancashire coast, the Lake District (Black Coombe is very prominent as are the central mountains to a lesser extent), Bowland Fells, Ingleborough and Pendle. The towns of Blackburn and Preston are easily visible, as are various villages. The Tower has an observation platform.			
	Start Point:	Car parking across road from Hare and Hounds on A675 Preston to Bolton road via Belmont, 1.5 miles from junction 3 on M65. About 6 miles from junction 8 on M61 on A674 then A675. (GR SD 643 224)		
	Distance:	tbc	Level:	Moderate
	Leader:	Steve	Tel:	07960 278 804

March 18th	<i>Sunday 10am</i>			
	Denbighshire: Llanfair Talhaiarn			
	Join me on another of my walks exploring the little walked areas of Denbighshire, the walk passes through an undulating landscape with woods, rivers and "Mynydd y Gaer" an Iron age hill fort, which should afford an excellent panorama.			
	Start Point:	Abergele - take the A548 to Llanfair, Car park is by the river on the edge of town. (GR SH 947 775)		
	Distance:	11 Miles	Level:	Easy / Moderate
	Leader:	Aidan	Tel:	01925 212 822 / 07908 976 722

March 25th	<i>Sunday 10am</i>			
	Peak District: Tideswell, Monsal and Cressbrook Dales			
	This walk takes in a number of shorter limestone dales near Monsal Head and Miller's Dale including Litton Dale, High Dale and Cressbrook Dale.			
	Start Point:	Car Park in Tideswell Dale, off the B6049 south of Tideswell (GR SK 154 742).		
	Distance:	11 miles	Level:	Moderate
	Leader:	Simon	Tel:	0161 476 0669 / 07733 138 720

Other Stuff

Don't forget our website which includes the walks programme and any changes and updates <http://www.cheshirewalkers.org.uk/>

Social events are organised on an ad hoc basis and advertised on the walks and by e-mail so keep your eyes and ears open!

We normally travel to the walks by car meeting promptly at the time and location given in the programme. Please call the leader by the day before the walk to let them know you'll be going. It may also be possible to arrange lifts with other members of the group.

Walk Conditions

Our walks cover a variety of terrains and are graded accordingly. The grades may also depend on the time of year.

EASY: Lowland walking, gentle hills, ideal for beginners.

MODERATE: Hills & Dales, generally below 1,500 feet.

HARD: High level mountain & moorland over 1,500 feet. May include steep ascents or scrambling.

The following are items of clothing and equipment which you should consider bringing on walks:

Comfortable Walking Boots (not trainers)

Waterproof Jacket & Overtrousers

Warm Clothing

Packed Lunch & Water

And remember - with your Ramblers Membership you can get discount on goods in many outdoor shops.

Ramblers Association Central Office

1-5 Wandsworth Road, London, SW8 2XX - Tel: 0207 339 8500

Registered Charity No. 306089