



Cheshire Walkers Walks Programme: October 2015 to March 2016

Part of North and Mid Cheshire area

Cheshire Walkers is THE walking group covering North & Mid Cheshire and the surrounding area.

Who are we? Formed in 1999, and originally a 20s-30s group, we are a walking group affiliated to the Ramblers and part of the North & Mid Cheshire Area. As time has moved on, we have dropped the age restriction and anybody is welcome to walk with us. In practice, most of the regulars in the group are 30s-40s.

Sun 4 October 2015 10:00 - 12 miles/19.3 km - Strenuous (Finishes 16:30 approx.)

Teggs Nose

Starts at 10:00: Jackson Lane Car Park, just down the road from Bulls Head, Kerridge. (SK10 5BD, SJ936773)
This walk is part of the Bollington walking festival which runs for a week from 26th September.† The walk starts from Jackson Lane car park just down the road from the Bulls Head pub.† It will first climb to the 200 year old iconic White Nancy monument with far reaching views across the Cheshire plain and Peak District and will follow Kerridge Ridge along the Gritstone trail to Teggs Nose.† The route then descends to Teggs Nose reservoirs and returns through fields and via Rainow back to Bollington.

Sat 10 October 2015 14:00 - 6 miles/9.7 km - Leisurely (Finishes 16:30 approx.)

Delamere

Starts at 14:00: Outside the main Delamere café under or near to the covered area (CW8 2JD, SJ548704)
A circular walk through Delamere forest and the surrounding area, at times walking along parts of the Sandstone trail and going up to Pale Heights view point from where you can see fantastic views of the surrounding area on a clear day.†

Sun 18 October 2015 10:00 - 12 miles/19.3 km - Moderate (Finishes 16:30 approx.)

Monyash

Starts at 10:00: Monyash car park opposite the pub in centre of the village (DE45 1HE, SK150665)
Down the Dales to Yougholgreave and along the Limestone Way. See if you can spot the elusive water vole around Alport

†

Monyash car park opposite the pub in centre of the village

Sun 25 October 2015 10:00 - 9 miles/14.5 km - Moderate (Finishes 15:00 approx.)

The Roaches & Lud's Church

Starts at 10:00: Lay-by opposite The Roaches Tea Rooms, Roach Road, Upper Hulme, Leek, Staffordshire ST13 8TY. The Roaches is situated within the Peak District, just inside Staffordshire.

If the lay-by is full, within a kilometre along the road there are 3 or 4 other lay-bys to park in and you will then have to walk back to the start. (ST13 8TZ, SK006612)

Geology and scenery abound in this circular walk starting at the lay-by opposite The Roaches Tea Rooms. The walk starts with a quick climb up Hen Cloud before moving onto the rocky escarpment known as The Roaches.

Along the way we will visit Lud's Church which is a secluded, hidden, narrow gorge.

Then via Gradbach we cross fields and walk along lanes as we head back to the start.†

Sun 1 November 2015 10:00 - 11 miles/17.7 km - Strenuous (Finishes 16:00 approx.)

Cwm Penmachno

Starts at 10:00: Conwy Falls Cafe at the junction of the A5 and B4406. (LL24 0PN, SH810535)

A Strenuous walk around the valley of Cwm Penmachno taking in Llyn Conwy, the source of the River Conwy and the extensive abandoned quarries of Cwm Penmachno. †Join me before at the Conwy Falls Cafe for coffee and cakes. ETA 09:15†

Sun 8 November 2015 10:00 - 12 miles/19.3 km - Moderate (Finishes 16:30 approx.)

Peak District: Combs Moss from the Goyt Valley

Starts at 10:00: Errwood Reservoir Car Park in the Goyt Valley. (SK17 6SX, SK017758)

Starting from the Goyt Valley the route begins with a climb up onto Combs Moss via Long Hill (the A5004) and the White Hall Outdoor Education Centre. The walk then involves almost the full circumference of Combs Moss, including Combs Edge, Castle Naze (a Iron Age hill fort), Short Edge, Black Edge and Cuckoo Tors. We'll then drop back down towards Buxton and cut through the Cavendish golf course before the final stretch along Errwood reservoir and back to the car park. †

Combs Moss is a classic Peak District peat plateau, which provide the ideal conditions for a typical moorland habitat. This environment sustains an interesting and unique set of flora and fauna, which includes heather and Bilberry interspersed with patches of fern, moss, grass and sedge. Grouse and other moorland birds are also plentiful in these areas.† †

Those familiar with the Peaks will know what to expect from a November, moorland walk. But for those who aren't, a walk around a peat plateau can be very rewarding with the combination of constantly changing views from the edges and the varied colours mainly from a palette of autumn vegetation. It can be tough going however as the paths over this terrain can be narrow, uneven and waterlogged in places.† †

Sun 15 November 2015 10:00 - 10 miles/16.1 km - Moderate (Finishes 16:00 approx.)

Jumbles reservoir and Cheetham Close

Starts at 10:00: Jumbles Country Park car park. Nearest postcode: BL7 9NQ (caution: this seems to be centred in the middle of a housing estate near the carpark). (BL7 9NQ, SD730139)

This walk takes in three reservoirs above Bolton Jumbles, Wayoh and Turton & Entwistle) with a variety of woodland and farmland in between. We'll also visit Cheetham Close, and try to find the Bronze Age stone circle!† If time allows, we'll be able to visit 'The Victorian Kitchen Tea Room' at Turton Tower, which does excellent tea & cake

Sun 22 November 2015 10:00 - 8.7 miles/14 km - Moderate (Finishes 13:45 approx.)

The Seven Pools of Whitegate & Marton

Starts at 10:00: Whitegate Way car park, just off Clay Lane (CW7 2QE, SJ624681)

A circular walk through woodland, fields and along lanes, taking in seven major pools of note in the parishes of Whitegate and Marton in the Northwich area. †The pools result from various different activities in the past such as sand quarrying, mining and fishing.†

Walk leader: Charles

Sun 29 November 2015 10:00 - 12 miles/19.3 km - Moderate (Finishes 15:30 approx.)

Two scars and two castles

Starts at 10:00: Low Sizergh Barn is 4 miles from Junction 36 on the M6. Follow the A590 towards Kendal, take the exit signposted Barrow-in-Furness and follow the brown signs for Sizergh Castle, then Low Sizergh Barn.

Sat nav: Enter LA8 8DZ then follow brown signs (LA8 8DZ, SD498878)

A circular walk from Low Sizergh Barn Farm Shop and Tea Room via Sizergh Castle, Scout Scar, Cunswick Scar and Kendal Castle.

This walk starts at Low Sizergh Barn Farm Shop and Tea Room Car Park. We walk past Sizergh Castle and then up on to Scout Scar (lovely views of the Lake District Mountains and the Howgill Fells - weather permitting) following the ridge all the way to Cunswick Scar before descending into Kendal. We cross the river and walk up to Kendal Castle, before dropping down to follow the route of the old Kendal Canal. We then pick up the River Kent and follow this back to the Low Sizergh Barn Tea Room.

Sun 6 December 2015 10:00 - 7 miles/11.3 km - Easy (Finishes 14:30 approx.)

Daresbury and Two Canals

Starts at 10:00: Walk start:- large car park in front of Daresbury Church, reached off the A56 -not far from junc 11 M56. (WA4 4AE, SJ580827)

A shorter walk for the shorter winter days, across fields and canal towpaths, a short incline near the end. A brilliant 'Lewis Carroll' themed cafe to finish. This walk is ideal for new members who want to try walking, Walking boots, gaiters advisable if we have had any rain.

Sun 13 December 2015 10:00 - 5 miles/8.1 km - Moderate (Finishes 12:30 approx.)

Bickerton Sandstone trail circular walk

Starts at 10:00: Bickerton (SY14 8BE, SJ523544)

A circular walk approximately 5 miles long through fields, woodland and along the Sandstone trail. The walk goes through Raw Head, which at 227 metres high is the highest point in Cheshire west of the Pennines. On a clear day there are commanding views of the surrounding countryside, to the south you can see the Wrekin and Shropshire Hills while to the north the hills around Frodsham and Helsby are sometimes visible and even occasionally Liverpool's Anglican cathedral. From the summit the walk proceeds along the Sandstone Trail and then back over fields to the pub. †Although on a fine day this walk can be walked in trainers as there has been so much rain recently boots and gaiters are advisable.

Sun 20 December 2015 10:00 - 7 miles/11.3 km - Moderate (Finishes 14:00 approx.)

Macclesfield & the Treacle Market

Starts at 10:00: SK11 6JP, SJ919736

A circular walk from Macclesfield. Ending back in the town for a few hours at the Christmas treacle market, giving plenty of opportunity to take in the festive fare on offer and do last minute Christmas shopping.

Weather permitting the walk will involve White Nancy on the Kerridge ridge. This familiar landmark featured on both of the extremely popular Cheshire Walkers offerings during this year's Bollington walks festival. If you were not among the near one hundred attendees on either of those events why not come along this time to find out what all the fuss was about? No further persuasion should be required to anyone that has been up there recently. The fields around Macclesfield could be wet and muddy so please bring appropriate footwear; gaiters may also prove useful.†

Sun 27 December 2015 10:00 - 10 miles/16.1 km - Moderate (Finishes 16:00 approx.)

Cat and Fiddle - Breakfast and walk

Starts at 10:00: Start from the Cat and Fiddle Inn - Park opposite the pub if possible (SK11 0BE, SK000718)

Escape the madness of the festive period by joining us for breakfast and then a walk over the moors around the Cat and Fiddle pub. Note that due to the location, this walk may be changed at short notice. Breakfast from 8.30, walk starts 10.00 am prompt

Sun 3 January 2016 10:00 - 11 miles/17.7 km - Moderate (Finishes 15:30 approx.)

Sale Water Park and Carrington Moss

Starts at 10:00: Mersey Valley visitors centre just off junction 6 of the M60. Nearest postcode M33 2LX. (M33 2LX, SJ806924)

After Christmas and New Year, the first walk of the year is a good opportunity to welcome everybody - old friends and those new to the group! - to another year of walking.† This walk demonstrates the variety of landscapes near an urban area:† we'll visit Sale Water Park and the River Mersey, the Bridgewater Canal, and Carrington Moss (once an industrial landscape, now returned to farming) via the Trans Pennine Trail, and Jackson's Boat pub.† The walk is completely flat and suitable for first time walkers with the group.†

Sun 10 January 2016 10:00 - 9 miles/14.5 km - Moderate (Finishes 15:00 approx.)

Black Hill from Crowden

Starts at 10:00: Crowden car park, just off the A628 Woodhead Pass road. (SK13 1HZ, SK072992)

From Crowden we will head via the Pennine Way to Laddow Rocks and on to the summit of Black Hill. Return will be via Westend Moss

Sun 17 January 2016 10:00 - 11 miles/17.7 km - Moderate (Finishes 16:00 approx.)

Wye Dale

Starts at 10:00: Chelmorton is just off the A5270 and just South of Buxton. Take the A515 South from Buxton, the A5270 is about 3 miles south on the left. Follow this for around 1.5 miles and turn right to follow the signs for Chelmorton. The pub itself is at the top of Main Street just before it peters out. (SK17 9SL, SK113701)

This is a wonderfully scenic walk starting from the pretty village of Chelmorton.†

It includes dales, farm track and paths and probably mud!†

The weather has been wet, so come prepared. Limestone is slippery underfoot when wet as well, so we will take the walk at a gentle pace.

Sat 23 January 2016 12:00 - 12 miles/19.3 km - Moderate (Finishes 18:30 approx.)

Macclesfield forest afternoon and early evening walk

Starts at 12:00: Teggs Nose visitor centre car park

<http://www.teggsnose.co.uk/> (SK11 0AP, SJ950733)

A circular walk starting along the Gritstone Trail then going into the edge of Macclesfield forest and†across moorland to Shuttlingslow - one of the highest peaks in Cheshire (506m).† Returning to the forest the walk goes past the forest chapel, finishing through the forest†in dusk/ darkness at the end of the walk.† There may be an opportunity for†anyone wanting to practise navigating in the dark or fog†to practise evening navigation.† Bringing a torch is a must as it will most likely be needed near the end of the walk.

Sat 30 January 2016 09:45 - 10 miles/16.1 km - Strenuous

Keswick Weekend Away - Part of the Newlands Horseshoe - Robinson, Hindscarth and Dalehead from the Newlands Valley

Starts at 09:45: Chapel Bridge car park near Littletown in the Newlands Valley (CA12 5TU, NY231193)

Taking in about half of the classic Newlands Horseshoe, this circular walk has spectacular views (weather permitting) of the Newlands Valley, Buttermere Valley, Honister Pass and Borrowdale Valley.

Starting at Chapel Bridge car park, near Littletown in the Newlands Valley, the walk will take Robinson's north east ridge to the mountain's summit, then following high level ridges to the summits of Hindscarth and Dalehead. The highlight of the walk is probably the view of the U-shaped head of the Newlands Valley as seen from the summit of Dalehead. The U-shaped valley separates the mountains of Hindscarth, Dalehead and High Spy. From the summit of Dalehead, we descend to Dalehead Tarn and back down the U-shaped valley back to the start point.

Sun 31 January 2016 10:00 - 9.3 miles/15 km - Moderate (Finishes 16:00 approx.)

Keswick Weekend Away - Cat Bells

Starts at 10:00: CA12 4DU, NY269232

A cricular walk from the centre of Keswick, starting by walking past Portinscale and Nichol End. We go up onto Cat Bells and along the ridge before dropping back down to the lake. We walk back along the side of Derwent Water - stopping at a cafe at Nichol End on the way back.

Sun 7 February 2016 10:00 - 9 miles/14.5 km - Moderate (Finishes 15:00 approx.)

Clwydian Hills: Moel Famau

Starts at 10:00: Loggerheads Country Park, off the A494.

Toilets and a cafe available.

Car park is pay and display. (CH7 5SE, SJ194626)

Returning to a favourite area, this walk is ideally suited to new and experienced walkers alike, wishing to build up hill climbing stamina in preparation for the mountain walks in the programme. We will take a leisurely pace through woodland, along moorland, by rivers and on country lanes, ascending approximately 350m to Moel Famau's summit of 554m. Always in the hope for sunshine, be prepared for wet, muddy and slippery conditions. Come in walking boots with full waterproofs and food/fluids.†

Please note the final route will depend on the weather on the day, between 8-10 miles.

Sun 14 February 2016 10:00 - 10 miles/16.1 km - Moderate (Finishes 16:00 approx.)

Caer Caradoc & The Lawley

Starts at 10:00: Car park at Lionís Meadow, Church Stretton, next to the Co-op supermarket. Follow the A49 from Shrewsbury, turn right into Church Stretton (B4371) then left into the High Street. Lionís Meadow is 2nd left. (SY6 6BX, SO453936)

These two ridges are on the quieter eastern side of Church Stretton and offer glorious views of the surrounding countryside. The walk includes some steep ascents, the highest point being the summit of Caer Caradoc at 459m. †

Sun 21 February 2016 10:00 - 11 miles/17.7 km - Moderate (Finishes 16:00 approx.)

Bakewell, Chatsworth

Starts at 10:00: Bakewell Bridge Car Park Sat Nav users DE45 1BU (DE45 1BU, SK220685)

Moderate level circular walk starting in Bakewell, going to Edensor and Chatsworth

Sun 28 February 2016 10:00 - 8.5 miles/13.7 km - Moderate (Finishes 14:45 approx.)

Illam and Dovedale

Starts at 10:00: Main Car park at Southern end of Dovedale. Parking costs £2.50, and toilets are available at the start. (DE6 2AY, SK146508)

Dovedale is often a victim of its own beauty, often an overcrowded tourists honeypot on bank holidays and in the summer months, at this time of year we should have it more to ourselves

A magical walk across fields to the model estate village of Illam built in an 'Alpine Style', through the grounds of Illam hall by the River Manifold, before climb to Stanshope before a decent with views into the Dove valley at the hamlet of Milldale, before walking downstream along the winding river through the limestone ravine of Dovedale.

Sat 5 March 2016 10:00 - 10.5 miles/16.9 km - Strenuous (Finishes 17:00 approx.)

Peak District Linear Walk

Starts at 10:00: South Street Car Park - £3.00

Please arrive promptly - if you miss the bus you will miss the walk (SK17 6LB, SK058731)

This is a linear walk from Crowdicote to Buxton. †We catch the 442 bus £3.00 from Buxton to Crowdicote at 10.28am. †We will start at Crowdicote and ascend High Wheeldon (442m), Parkside Hill, Chrome Hill and Solomons Temple.

Sun 13 March 2016 10:00 - 9 miles/14.5 km - Moderate (Finishes 15:15 approx.)

Malpas, Cheshire

Starts at 10:00: Parking is at the High Street Car Park, Malpas SY14 8NN. Parking is free and there are toilets at the start. (SY14 8NA, SJ486468)

This walk explores the gently undulating countryside of south-west Cheshire to the south and east of Malpas close to both the Shropshire and Welsh borders. There are fine views looking across to the hills of North Wales.

Sun 20 March 2016 10:00 - 11 miles/17.7 km - Moderate (Finishes 16:00 approx.)

Eyam & the lower Derwent Valley

Starts at 10:00: car park opposite Eyam Museum (the one with the rat insignia). £4.50 for the day. National Trust members may wish to find the NT car park near Eyam Hall, but this is not a large car park and better for the group to use the main car park here. (S32 5QP, SK217769)

A beautiful walk from the historic village of Eyam, passing through Stoney Middleton, then ambling northwards along the River Derwent through the villages of Froggatt and Grindleford to Leadmill, just south of Hathersage, returning to Eyam by Eyam Moor. There is a very fine Public House at Leadmill, so bring some pennies if you wish to purchase a beverage enroute.

Fri 25 March 2016 09:00 - 20 miles/32.2 km - Strenuous (Finishes 19:00 approx.)

Sandstone Trail Challenge - Day 1

Starts at 09:00: WA6 6HQ, SJ518766

A †challenging walk along Cheshire's beautiful and varied central Sandstone ridge - one of the most popular walks in Northwest England

Sat 26 March 2016 10:00 - 14 miles/22.5 km - Strenuous (Finishes 16:00 approx.)

Sandstone Trail Challenge - Day 2

Starts at 10:00: CH3 9PL, SJ531565

A†challenging walk along Cheshire's beautiful and varied central Sandstone ridge - one of the most popular walks in Northwest England

Additional Notes:

This walk is part of a two day group challenge.† Some participants are planning on staying in the area overnight ready for day two of the challenge - advice on local accommodation can be provided if required.† AS THIS IS A LINEAR WALK ANYONE WANTING TO JOIN THIS WALK MUST CONTACT THE WALK LEADER, OTHERWISE TRANSPORT BACK TO THE START POINT CANNOT BE GUARANTEED

Sun 27 March 2016 10:00 - 11 miles/17.7 km - Moderate (Finishes 16:00 approx.)

Sandstone Trail Taster

Starts at 10:00: Nearest Postcode: WA6 6PA

Directions - From B5152 at Hatchmere follow Ashton Road west through forest for 1.4km to car park on left.

Please note - there are no toilets at the starting point. Nearest toilets are 2 miles by car in forest center car park (postcode - CW8 2JD) (WA6 6PA, SJ542716)

Need an alternative to the Challenge walk yet wish to walk along the Sandstone Trail, come along on this walk to get a taster of the Trail.†A circular walk starting along a few miles of the Sandstone trail, Cheshire's beautiful and varied central Sandstone ridge and then returning through forest and fields. †The walk offers superb, undisturbed views of green and pleasant countryside.†

Sun 3 April 2016 10:00 - 11 miles/17.7 km - Moderate (Finishes 16:30 approx.)

South Pennines: Keighley to Oxenhope

Starts at 10:00: The start point is the car park at Oxenhope Railway Station. Oxenhope is approximately half-way between Keighley and Hebden Bridge. The Railway Station is in the centre of the village. There are toilets at the start (on the platform). Please arrive in good time to buy a ticket for the 10:15 train. Please only send texts to the mobile number below. (BD22 9LB, SE031352)

We'll start in Oxenhope and then take the heritage train on the Keighley and Worth Valley Railway (made famous in 'The Railway Children') and then walk back.† We'll visit Bingley Five Rise locks on the Leeds-Liverpool canal and the Hewenden Viaduct (one of the tallest viaducts in the country and a little-known gem: the views from the top are spectacular!), and a variety of mills, woodland and moorland.

Sat 9 April 2016 10:00 - 9.5 miles/15.3 km - Strenuous

Lake District: Red Screes, Hartsop Dodds, Brotherswater & Stony Cove Pike

Starts at 10:00: Car Park on the opposite side of the road from the Kirkstone Pass Inn, at the summit of Kirkstone Pass. (LA22 9LQ, NY401080)

A high-level walk with spectacular views and around 3,000 feet of cumulative ascent, this walk will take in†6 Wainwrights -†Red Screes (2,546 ft or 776 m), Middle Dodd, Little Hart Crag, High Hartsop Dodd, Low Hartsop Dodd and Stony Cove Pike.

Starting at the top of the Kirkstone Pass at 1,489 feet, the climbing starts steeply, almost immediately, ascending the east side of Red Screes for about 1,000 feet.

After Red Screes, Middle Dodd, Little Hart Crag and High Hartsop Dodd, we descend to the lovely Hartsop Valley and Brotherswater (about 500 feet above sea level).

Then a steep ascent from Hartsop village to Low Hartsop Dodd (2,028 feet) and then along the ridge to Stony Cove Pike (2,503 feet). Then back to the Kirkstone Pass.

Please note this a Saturday walk. It will also be very strenuous and steep in places.

Sun 17 April 2016 10:00 - 11.5 miles/18.5 km - Moderate (Finishes 16:15 approx.)

Arnside Circular Walk

Starts at 10:00: Free parking on Arnside Promenade (LA5 0HA, SD456788)

We will visit the Pepperpot, Silverdale and Arnside Knott

Sun 24 April 2016 10:00 - 14 miles/22.5 km - Moderate (Finishes 16:30 approx.)

Longsleddale from Staveley

Starts at 10:00: Mill Yard car park (LA8 9LT, SD471983)

Past Green Quarter Fell and Skegges Water to Longsleddale, then down the valley, and back to Staveley via Potter Tarn

Sun 1 May 2016 10:00 - 10 miles/16.1 km - Moderate (Finishes 16:30 approx.)

Llangynog and Pistyll Rhaeadr

Starts at 10:00: Berwyn Street car park, Llangynog. On the east side of Berwyn Street; free. (SY10 0EX, SJ053261)

A wonderful walk in an area that many people don't know - on the southern flank of the Berwyns, starting at Llangynog in the upper Tanat valley, with wonderful views across the Berwyn moorlands, over the Tanat and Rhaeadr valleys, and of course the waterfall Pistyll Rhaeadr itself, one of the seven Wonders of Wales. There is a cafe at Pistyll Rhaeadr about a third of the way around if anyone wants to get snacks en route...

Sat 7 May 2016 08:00 - 24 miles/38.6 km - Strenuous (Finishes 19:30 approx.)

Yorkshire Three Peaks (Challenge Walk)

Starts at 08:00: Exact start location TBC. (LA6 3JF, SD765789)

The Yorkshire Three Peaks is a classic walk, taking in Whernside (736m), Ingleborough (723m) and Pen-y-ghent (694m) in one 24-mile circuit.† We'll be doing the walk clockwise, starting near Ribbleshead (rather than the usual anticlockwise route, starting at Horton).† Numbers are limited and you MUST contact the walk leader (by email) beforehand to confirm a place.

Sat 14 May 2016 10:00 - 9.3 miles/15 km - Moderate (Finishes 16:00 approx.)

Thurstaston & the Wirral Way

Starts at 10:00: The start point is by the pond by the main front door entrance to Wirral Country Park visitor centre, which is five minutes walk from the car park, parking is free.

There are toilets in the centre which opens at 10am, the walk will start promptly at 10.05. (CH61 0HN, SJ279823) A†circular walk exploring the varied scenery around the north-west corner of the Wirral peninsula.† The mainland section of the route starts through the Country Park, then along beach before ascending through the unexpected wooded ravine of The Dungeon to the village of Thurstaston. †It then continues onto Thurstaston Common, through the colourful gorse to a sandstone ridge where there are wide views in all directions, including the North Wales coast, Moel Famau in the Clwydian mountains and Liverpool's two cathedrals to the east, along with the wind turbines off the Welsh coast and in the Mersey estuary. †

The scenery then changes as the walk then goes through a stretch of mature woodland and then onto Caldy where the route heads firstly along a marina and then the estuary shoreline before returning along the Wirral Way (a disused railway line) to the start.

A lovely walk with fantastic views, along with lots of birdsong from the varied bird life around the estuary and inland.

If its a sunny day there will be opportunity for a ice cream stop along the route. †Note: even on a sunny day the winds off the estuary can be cold so remember to pack some layers along with sun cream.

Sun 22 May 2016 10:00 - 11 miles/17.7 km - Moderate

North East Wales: Llantysilio Mountain from Llangollen

Starts at 10:00: Signposted long stay car park off the A539. It is behind the car park for the nearby Ponsonby Arms. (LL20 8RY, SJ217420)

A circular walk starting in Llangollen that takes in the old Horseshoe Pass and Llantysilio Mountain before returning via Rhewl and the Llangollen Canal.

Tue 24 May 2016 19:15 - 5.5 miles/8.8 km - Moderate (Finishes 21:00 approx.)

Harwarden Park

Starts at 19:15: Tinkersdale public car park - note this car park is free (CH5 3DH, SJ313658)

An easy and attractive walk with fine views of Deeside and across Harwarden Park to the ruins of the medieval 'Old Castle' and its successor, the 'New Castle', once the home of the Victorian statesman William Gladstone.

†Much of the last part of the route runs through a Bilberry Wood. †Trainers will be fine for this walk unless there is heavy rain a few days before, in which case boots would be better as some parts may be muddy/slippery if it is wet.

Sat 28 May 2016 10:00 - 8.3 miles/13.4 km - Strenuous

Dumfries & Galloway - Moffat Weekend Away: Hart Fell Horseshoe with Saddle Yoke

Starts at 10:00: Meet up in centre of Moffat at 9.30 am, before proceeding to the Start Point. Start Point maybe changed due to bad weather. (DG10 9LQ, NT147098)

As part of the Moffat Weekend Away, this walk is a spectacular horseshoe starting from Blackshope in Moffatdale, following the Blackhope Burn skyline, †taking in Hart Fell (808 m / 2,650 ft) and the shapely Saddle Yoke (736m†/ 2,413 ft)

Blackshope is 6 miles†NE of Moffat on the A708.

Meeting up point: There is very limited parking at the start of the Saturday walk and also if the weather is bad then there are no plan B low-level walks from there. Therefore, to determine the number of cars needed and parking arrangements if the weather is OK and to give us more options for low-level walks if the weather is bad, the plan is to meet at the War Memorial in the centre of Moffat at 9.30 am. This is at the intersection of the A701, Well Street and High Street.see -

[http://www.streetmap.co.uk/map.srf?x=308490&y=605260&z=120&sv=moffat&st=3&tl=Map+of+Moffat,+Dumfries+and+Galloway+\[City/Town/Village\]&searchp=ids.srf&mapp=map.srf](http://www.streetmap.co.uk/map.srf?x=308490&y=605260&z=120&sv=moffat&st=3&tl=Map+of+Moffat,+Dumfries+and+Galloway+[City/Town/Village]&searchp=ids.srf&mapp=map.srf)

If you wish to come on the walk and have not let Jay know you're coming, then you must let him know before you come. Please contact him using the form that can be found using the link below.

Sun 29 May 2016 10:00 - 7.5 miles/12.1 km - Strenuous

Dumfries & Galloway - Moffat Weekend Away: Grey Mare's Tail Waterfall, White Coomb Mountain and Loch Skeen

Starts at 10:00: Meet up in centre of Moffat at 9.30 am, before proceeding to the Start Point. Start Point maybe changed due to bad weather.

The Start Point is Grey Mare's Tail Car Park - National Trust for Scotland. 10 miles NE of Moffat on the A708. This is a Pay & Display car park, which asks for donations. (DG10 9LH, NT186144)

As part of the Moffat Weekend Away, this walk takes in the 5th highest waterfall in the country at 60 metres high called Grey Mare's Tail, White Coomb mountain (821 m / 2,693 ft) - a Corbett, and Loch Skeen, starting from the Grey Mare's Tail Car Park, 10 miles NE of Moffat on the A708.

The reccie took about 3 and a half hours, so the walk maybe too short, so I may extend it by upto another 3 miles if we get back too early. We maybe able to see another waterfall called Dob's Linn, a mile or so away from Grey Mare's Tail. This is where scientists realised that one can tell the age of a rock layer by studying the fossil graptolites (a type of small sea creature) within it. This site is apparently still used for dating rocks of a similar age from around the world.

Meeting up point: As with the Saturday walk, the plan is to meet at the War Memorial in the centre of Moffat at 9.30 am, to give us more options for low-level walks if the weather is bad, as there are no real plan B low-level walks from the Start Point at Grey Mare's Tail Car Park. The Moffat War Memorial is at the intersection of the A701, Well Street and High Street.see -

[http://www.streetmap.co.uk/map.srf?x=308490&y=605260&z=120&sv=moffat&st=3&tl=Map+of+Moffat,+Dumfries+and+Galloway+\[City/Town/Village\]&searchp=ids.srf&mapp=map.srf](http://www.streetmap.co.uk/map.srf?x=308490&y=605260&z=120&sv=moffat&st=3&tl=Map+of+Moffat,+Dumfries+and+Galloway+[City/Town/Village]&searchp=ids.srf&mapp=map.srf)

If you wish to come on the walk and have not let Jay know you're coming, then you must let him know before you come. Please contact him using the form that can be found using the link below.

Wed 1 June 2016 19:10 - 5 miles/8.1 km - Easy (Finishes 21:30 approx.)

Adlington (CHESHIRE) evening walk

Starts at 19:10: Parking is available on a layby on the A523 near the Legh Arms and also on Legh Road near the station. (SK104Na, SJ912804)

A circular evening walk from Adlington Station over the fields and lanes. †

This is a joint walk with Manchester Weekend Walkers

Sun 5 June 2016 10:00 - 11 miles/17.7 km - Strenuous (Finishes 16:30 approx.)

Dovestones

Starts at 10:00: Dove Stone Reservoir, near Oldham

Grid ref SEO13036 (OL3 7NE, SE014033)

Hard, Approx 11 miles. 1,800ft climbing

†To get to Dove Stone, go through Greenfield village on the A669 towards Holmfirth. At the mini roundabout, turn left up the hill on Holmfirth Road A635. After 500 m, turn right onto Bank Lane. There's a brown signpost for Dove Stone reservoir. Crowden car park is off the A628 Woodhead Road in the Longdendale Valley.

Please text me if you are doing the walk on 07726951504

Jane

Thu 9 June 2016 19:00 - 4.3 miles/7 km - Leisurely (Finishes 21:30 approx.)

Styal Country Park

Starts at 19:00: National Trust car park located at Styal Village off the old Altrincham Road (SK9 4JE, SJ835835)

An evening walk through Styal Woods by the meandering River Bollin, a brief opportunity for some plane spotting at Manchester Airport, followed by refreshments in the Ship Inn.

Sun 12 June 2016 09:55 - 13.1 miles/21 km - Strenuous (Finishes 17:30 approx.)

Kinder Scout North Edges

Starts at 09:55: Birchen Clough Bridge car park. Please car share where possible as this car park fills up quickly at the weekend. (S33 0AB, SK109914)

A Classic Dark Peak Gritstone walk starting from Birchen Clough Bridge on the A57 Snake Pass road taking the Snake Path along Ashop Clough to Mill Hill, then following the north edge of Kinder Scout by Fairbrook Naze, Seal Edge and Mad Woman's Stone, returning along the old Roman Road above the Woodlands Valley.

Tue 14 June 2016 19:10 - 4.5 miles/7.3 km - Moderate (Finishes 21:30 approx.)

Broadbottom Circular

Starts at 19:10: Parking is available at Broadbottom station or the free car park off Mill Brow GR SJ995940 (SK14 6BB, SJ990937)

A circular evening walk from Broadbottom.

This is a joint walk with Manchester Weekend Walkers

Sun 19 June 2016 10:00 - 12 miles/19.3 km - Moderate (Finishes 16:00 approx.)

Conwy Mountain

Starts at 10:00: Morfa Bach Car Park, Conwy (LL32 8LS, SH781773)

A circular walk starting from the pretty town of Conwy on the north Wales coast. This walk takes us past the Medieval castle and along the harbour path before heading out of town and up onto Conwy Mountain (245m/800ft). Following the North Wales Upland Coastal Path we should (weather permitting!) get spectacular views across Anglesey and as far as Liverpool, the Isle of Man and the Lake District Mountains as we head along the ridge towards Penmaenmawr. Reaching the highest point at Maen Penndu (410m/1345ft) we then head back on an inland path with further views of the river, sea and castle as we return to Conwy for refreshments at the Liverpool Arms on the quayside.

Thu 23 June 2016 19:00 - 5 miles/8.1 km - Leisurely (Finishes 21:00 approx.)

Higher Disley evening walk

Starts at 19:00: The walk will start from the lay-by near the Rocks farm on Mudhurst Lane. As this area only fits a couple of cars we will meet at Disley station (at 18:50) and car share from there. Please let me know if you intend to walk. (SK12 2JA, SJ973846)

The walk will include Bollinghurst Bridge, Lantern Wood, Bowstones, Sweet Hill, Cornfield farm and Black Hill.†
The route has a couple of small climbs and is over a mixed terrain. Mainly on good paths but there's a chance of some wet ground so good footwear is advisable. †

Sun 26 June 2016 10:00 - 10.5 miles/16.9 km - Leisurely (Finishes 15:15 approx.)

Shropshire Union Canal Walk

Starts at 10:00: Parking on the eastern side of the A51 Old Chester road, Roadside parking on the left hand side 100m before the Barbridge Inn. Space for 4 cars on the minor road Stoke Hall Ln by the canal. Walk Start here by Bridge No 100 (CW5 6AU, SJ616566)

A Cheshire walk along stretches of two branches of the Shropshire Union Canal, across fields and along lanes, north of Nantwich. A busy Waterway with many colourful boats passing by. This walk is ideal for new members who want to get into walking. The terrain is entirely FLAT !!!no gradients. 10.5 Miles - Leisurely.

Tue 28 June 2016 19:00 - 4 miles/6.4 km - Leisurely (Finishes 21:15 approx.)

Mobberley Evening Walk

Starts at 19:00: Car Parking is available on roads nearby (WA16 7QJ, SJ779815)

A circular leisurely evening walk over farmland from Mobberley Station.

This walk is a joint walk with Manchester Weekend Walkers

Sat 2 July 2016 04:00 - 29 miles/46.7 km - Technical (Finishes 20:15 approx.)

14 Peaks Challenge Wales

Starts at 04:00: LL32 8DA, SH780775

The Fourteen Peaks challenge involves walking the three thousand foot mountains of Wales in a single day.

This†magnificent journey is about 29 miles long and involves around 12,000ft of ascent.†It is a very tough challenge and requires high levels of fitness and stamina but it's also hugely rewarding and has the potential for superb views every step of the way.

Sat 2 July 2016 10:00 - 11.5 miles/18.5 km - Moderate (Finishes 16:00 approx.)

Three Shires Head

Starts at 10:00: Start and finish at Clough House Car Park. Parking is free. Please note the postcode is actually in Wildboarclough village, about 1 kilometre south of Clough House Car Park, so keep your eyes peeled for the car park entrance. (SK11 0BD, SJ987698)

Three Shires Head†is a where the three counties of Derbyshire, Cheshire and Staffordshire meet. In this idyllic location the River Dane tumbles over a waterfall beneath an ancient packhorse bridge, to be joined by Black Clough coming in from the east at Panniersí Pool.

Other walk highlights are a visit to a local brewery and an ice cream at a farm, which isn't to be missed.

†

†

Thu 7 July 2016 19:00 - 5 miles/8.1 km - Leisurely (Finishes 21:00 approx.)

Lumb Brook Valley

Starts at 19:00: Grappenhall Village (WA4 3EP, SJ637862)

A circular walk starting in Grappenhall village and following Lumb Brook through beautiful woods before returning to the village.

Sun 10 July 2016 10:00 - 9 miles/14.5 km - Moderate (Finishes 15:00 approx.)

Stanage Edge (& opportunity for swim at Hathersage Outdoor Pool)

Starts at 10:00: The start point is Hathersage Pay and Display car park which costs £5.50 for the day. (S32 1DU, SK231814)

Woods, streams, a prominent tor, a gritsone edge and an optional swim at Hathersage Outdoor Pool at the end.

†Something for everyone!

We will walk up through fields and woods onto Stanage Edge which hopefully should give some great views. We then head for Higger Tor and Burbage Bridge† before heading back to Hathersage.

Depending on the weather, there will be an optional dip at Hathersage Outdoor Pool (don't worry it is heated!)

Thu 14 July 2016 19:10 - 6 miles/9.7 km - Moderate (Finishes 21:45 approx.)

Marple/Mellor Evening Walk

Starts at 19:10: Brabyns Brow Car Park - Free parking (SK6 5DT, SJ963893)

A circular evening walk over Mellor Moor from Marple Station. †Plenty of mud and fine views

†

This is a joint walk with Manchester Weekend Walkers

Sat 16 July 2016 14:00 - 8 miles/12.9 km - Moderate (Finishes 19:30 approx.)

Morecambe Bay Crossing

Starts at 14:00: PR7 1XA, SD574185

Morecambe Bay is†the largest intertidal area in the UK. As there are quicksands in the bay walks across it should not be attempted without the Queen's Guide to navigate the walk and lead groups safely. †Cheshire Walkers have been granted a set number of spaces on one of the group crossings lead by Cedric the Queens Guide.

†Booking onto this walk is therefore essential due to the limited number of spaces. †THIS WALK IS NOW FULLY BOOKED UP

In the case of bad weather and heavy rainfall prior to the walks, the River Kent may swell to a dangerous level and The Guide may have to cancel for reasons of safety. †The final go ahead for the walk is therefore only given by the Queens Guide the evening before the walk - walkers will then be notified by email if the walk is going ahead. †

If the cross bay walk does not run there will be an alternative circular walk in the Morecambe/ Arnside†area.†

This walk will be led by Jay & will start at 1pm.† The walk would take about 5 hours.†† Full details of this walk would be sent out to everyone signed up for the Bay walk on the Friday evening if unfortunatley the Cross Bay walk does not go ahead.

Walk leader: Alison S for Bay walk (Jay if alternative walk runs in)

Sat 23 July 2016 10:00 - 10 miles/16.1 km - Moderate (Finishes 15:00 approx.)

Yorkshire - Hebden Bridge

Starts at 10:00: Midgehole National Trust car park, Hardcastle Crags (SD988291)

The walk will cover some of the high moorland around Hebden Bridge, returning via the valley bottom. We will probably stop for tea at Gibson Mill, about a mile before the end of the walk, so please bring some money with you.

Sun 31 July 2016 10:00 - 13 miles/20.9 km - Moderate (Finishes 16:00 approx.)

Billinge and Winstanley

Starts at 10:00: Stanley Bank car park at Sankey Valley Visitor Centre in Haydock which is behind the Ship Inn pub. (WA11 0AB, SJ535966)

A nice summer walk in the Billinge and Winstanley area.†It is mainly flat but the walk takes in the highest point in Merseyside - Billinge Hill - which is just 179m high. The walk starts at Sankey Valley Visitor Centre in Haydock and†includes†Sankey Valley Country Park, Carr Mill Dam, Billinge Hill,†Orrell Water Park,†through some†fields†in Winstanley, and then finishes†at the other side of Carr Mill Dam and back through the Sankey Valley Country Park.

Sun 7 August 2016 10:00 - 8 miles/12.9 km - Moderate (Finishes 16:30 approx.)

Joe Brown's map-reading course: Goyt Valley navigation practice

Starts at 10:00: Based in the Goyt Valley - start details to be provided nearer the time. (SK17 6SX, SK032763)

This event will be based in and around the Goyt Valley/Combs area; so much of the terrain will be familiar to regular walkers with the group.†

Joe Brown, a famous English mountaineer, worked at the Whitehall outdoor center during the 1960s. While he was there he placed numbers at strategic points in the locality to create an orienteering course for use by residents of the center.†

His numbers are carved in stone and can be found on bridges, gateposts and walls, etc. They are about 2" high and represent either a 6 figure numeric grid reference (without letter prefix) or a compass bearing and distance (degrees x yards). Each clue denotes the location of the next marker. There are 20 in total over a distance of approximately 18 miles.

The format for the day will depend on how many people attend. But it may take the form of small teams setting off at 10-15 minute intervals with a set amount of time to reach as many targets as possible and return to the start.†

Anyone interested will require the usual kit for a full day out; plus each team will need to take a 1:25k scale map of the White Peak (Explorer OL24 or equivalent), compass, pencil/paper (to record the clues) and possibly a GPS (for emergency use only).

The event is for anyone wanting to practice their navigation skills. There will be no training provided on the day but if you are a beginner and would like to take part please let me know. We may be able to arrange for teams to have a range of navigation experience and so all are welcome and everyone†should be able to get involved. ††

Sun 14 August 2016 10:00 - 13 miles/20.9 km - Moderate (Finishes 17:00 approx.)

Lancashire: Bleasdale, Fair Snape and Parlick, Forest of Bowland

Starts at 10:00: Lappet Mill Car Park, Calder Vale, more details will follow with the email. (PR3 1SQ, SD533459)

Horshoe walk along the ridge from Bleasdale Fell Fair Snape and Parlick, returning to Bleasdale. On a good day, there are views to the Lake District, Morecambe Bay and Yorkshire. This is a fairly long walk and will require a reasonable level of fitness. Descent off Parlick is steep and some muddy sections across the moorland on the top of the ridge.

Sun 21 August 2016 10:00 - 11.5 miles/18.5 km - Moderate

Clwydians: Meol Gyw & Moel Y Plas from Llanarmon-yn-ial

Starts at 10:00: The walkers' car park in the old Pistyll Gwyn quarry off the B5430 road to/from Llanarmon-yn-ial. (CH7 4QD, SJ189573)

A circular route exploring the hills and valleys between Llanarmon-yn-ial and Graigfechan, at the southern end of the Clwydians. The walk offers fine panoramic views of North Wales and beyond.

Note: this is a change from the Whitchurch walk that was posted originally for this date. The recce revealed that the route was unsuitable.

Sun 28 August 2016 10:00 - 11.5 miles/18.5 km - Moderate (Finishes 16:15 approx.)

Longshaw Estate, Peak District

Starts at 10:00: Meet in the Woodcroft carpark at the National Trust's Longshaw estate (off the A6187 that runs from Hathersage towards Sheffield). Parking is free for NT members or £4 (all day) for non-members. There is also some free roadside parking in the vicinity if you are early enough - best area is just past the Fox House pub on the left (going in Sheffield direction).

First stop on the walk will be the visitor centre on the Longshaw estate where there are toilets. (S11 7TZ, SK264798)

11.5 mile circular walk starting at the Longshaw estate and taking in†Froggatt and Curbar Edges, the Derwent valley and† back via Padley Gorge. It's a lovely walk with a variety of scenery including moors, edges, long views, a riverside walk and the very pretty Padley gorge. We will finish up in the cafe at the NT visitor centre.

Sun 11 September 2016 10:00 - 9 miles/14.5 km - Moderate (Finishes 15:00 approx.)

Shutlingsloe, Cat & Fiddle and the Macclesfield Forest

Starts at 10:00: Car Park adjacent to the visitors centre at Trentabank (SK11 0NS, SJ961711)

This walk explores the scenic Cheshire sector of the Peak District National Park. The route offers scenic interest and is generally well waymarked. There is one section of road walking and care is needed on this part of the route. The first objective is known locally as the "Cheshire Matterhorn", Shutlingsloe has a distinctive outline when viewed from certain directions and it is easy to see why it earned this nickname. Besides the scenic interest the walk visits the hamlet of Macclesfield Forest where the famous Rushing Bearing Service is held in the chapel each August.

Walk leader: Ashley Timmins

Sat 17 September 2016 10:00 - 10 miles/16.1 km - Strenuous (Finishes 16:30 approx.)

Grasmere, ridge from Silver Howe to Helm Cragg Saturday walk

Starts at 10:00: Start Point is the Red Bank Road car park LA 22 9PU. Turn left by the church in the middle of the village and the car park is on the left, beyond the junction with Broadgate on the right.

Parking is about £7 for the day (LA22 9PU, NY335073)

Silver Howe to Sergeant Man, onto Blea Rigg then back along the ridge to Helm Cragg

This is not a particularly long walk but will require a reasonable level of fitness due to the amount of climbing involved.

Sun 25 September 2016 10:00 - 12 miles/19.3 km - Moderate (Finishes 16:00 approx.)

Llangollen - Castle and Panorama

Starts at 10:00: Free parking at the school by kind permission of the Dinas Bran School. Limited spaces.

Alternative parking on street before the school or in the town. (LL20 8TG, SJ214424)

This walk takes in a castle, an abbey, high limestone cliffs and a canal. There are some narrow paths and one or two places where hands are needed on steep ascents. If in doubt, check with the leader.

Wed 28 September 2016 19:30 - 3 miles/4.8 km - Easy (Finishes 21:15 approx.)

Milky Way Night Walk

Starts at 19:30: 96 Church Street, Bollington, SK10 5QD (SK10 5QD, SJ939777)

Part of the Bollington Walking Festival. The local astronomy club will take you to White Nancy to identify stars and the Milky Way. If the weather is overcast, there will be a talk and slide show.

Sun 2 October 2016 10:00 - 14 miles/22.5 km - Strenuous (Finishes 17:30 approx.)

Bollington - Teggs Nose and lots in between

Starts at 10:00: Clough Bank car park, Clough Bank Bollington. Nearest post code SK10 5JA (SK10 5JA, SJ928773)

A walk entirely in Cheshire that feels like a lake district walk. 14 miles 800m of ascent and covering just about every hill between Bollington and Teggs Nose!

Not for beginners, this is a great walk in stunning countryside.

Note that there is a lot of livestock in the fields, so only well behaved dogs on leads will be accepted on the walk. If in doubt contact the organiser.

Sat 8 October 2016 10:00 - 13 miles/20.9 km - Strenuous (Finishes 17:00 approx.)

Garsdale - Kirkby Stephen linear walk

Starts at 10:00: CA17 4LF, NY761066

We will catch the 1019 train from Kirkby Stephen to Garsdale, and walk back over the summits of Swarth Fell and Wild Boar Fell.

Sun 9 October 2016 09:30 - 9.5 miles/15.3 km - Moderate (Finishes 14:45 approx.)

Nine Standards Rigg

Starts at 09:30: Christian Head Car Park, Kirkby Stephen (NY773088)

This walk includes some riverside walking and a section of the coast to coast path. †We will ascend Nine Standards Rigg which should provide us with fabulous views

Sun 16 October 2016 10:00 - 10 miles/16.1 km - Strenuous (Finishes 16:00 approx.)

Malham Cove and Gordale Scar

Starts at 10:00: Car park at Malham National Park Centre. Nearest postcode BD23 4DA. (BD23 4DA, SD901628)
In the words of Alfred Wainwright 'limestone scenery at its very best and most impressive'. A superb walk in unique surroundings.' We'll walk past Janet's Foss (a waterfall: Janet, or Jennet, is thought to be a folk tale reference to a fairy queen believed to inhabit a cave at the back of the fall), then - weather permitting - clamber up Gordale Scar (a waterfall with a footpath running up it), and then head out onto the moors towards Malham Tarn, returning via the spectacular Malham Cove and probably the finest limestone pavements in the country. (Note: Gordale Scar requires some *very* easy, low-level scrambling (hence why the walk isn't graded as 'moderate'). † If the weather is particularly bad (or if there has been a lot of rain during the week so that the waterfall is in spate) then we will avoid this bit!)

Due to the scrambling, this walk is NOT suitable for dogs (no matter how well-behaved).

If you're planning on coming then please let me know in advance, preferably by email. † If contacting me by phone, then text only please.

Sun 30 October 2016 10:00 - 8 miles/12.9 km - Leisurely (Finishes 13:00 approx.)

AGM Walk - Lymm

Starts at 10:00: Car park opposite Lymm library (WA13 0QW, SJ680873)

A gentle stroll around † Lymm and the surrounding countryside. We will return to Lymm in time for a social meal and the group AGM at 1.30 at a pub in the village.

Sat 5 November 2016 18:30 - 3 miles/4.8 km - Leisurely (Finishes 21:30 approx.)

Evening fireworks walk

Starts at 18:30: Jackson Lane Bollington (SK10 5HT, SJ927775)

A short trip up to White Nancy at the summit of Kerridge ridge to watch the fireworks. We retire to the Bulls Head afterwards to discuss our favourite shows! †

Start point is the small car park on Jacksons Lane (street parking if full)

Obviously this is weather dependant, though cloud should not matter. Keep your eye on the forecast and the website/Facebook page for any late changes

Contact: Neil, 07852994893, talbot_neil@hotmail.com

Sun 6 November 2016 09:30 - 15 miles/24.1 km - Strenuous (Finishes 17:00 approx.)

Kentmere, Cumbria

Starts at 09:30: LA8 9NB, SD469982

This is a very long and challenging walk which starts from near Ings (between Kendal and Windermere). We walk across the fields and moors to reach Kentmere before a very long and strenuous climb up to Yoke, Ill Bell and Froswick (nearly half of the Kentmere horseshoe). We then drop down into Troutbeck valley and walk back via Dubbs Rd.

This walk is 15 miles long and involves 3,600ft of ascent and so is not suitable for inexperienced walkers. †

Contact: Clare Ridgley, clare.ridgley@me.com

Sun 13 November 2016 09:45 - 11.2 miles/18 km - Strenuous (Finishes 16:00 approx.)

New Mills to Edale

Starts at 09:45: SK122852

We will meet and park in Edale and get the 09:48 train to New Mills Central station. †

The walk is a linear route from New Mills to Edale. There are a few great vantage points en route that make this walk a real treat! And the best is saved till last with the spectacular outlook gained before dropping back to the Edale valley as Mam Tor, Kinder and Win hill come into view. †

The route starts in the Goyt Torrs before following the river to Gowhole then heading East over Chinley Churn towards Edale.

At South Head there are a couple of route options. The weather and conditions underfoot may influence which we take for the final section over to Upper Booth and the Pennine Way back to Edale. †

Contact: Ade, ade_app@btinternet.com

Sat 19 November 2016 10:00 - 10 miles/16.1 km - Moderate (Finishes 16:00 approx.)

Wildboarclough to Flash and back

Starts at 10:00: Car Park near Clough House located on the minor road approx. 1km north of the village of Wildboarclough. I believe the car park is free but this will be confirmed. (SK11 0BD, SJ987698)

Discover the nefarious past of this quiet corner of Cheshire, once a hotbed of money laundering and bare-knuckle boxing and visit the highest village pub in Britain. I have specifically asked the Landlady at the New Inn, Flash to open for us at 1pm so please bring some money to buy drinks. She does not do food but does sell bar snacks.

Contact: Andrew, 07788923961, andrew@goromgorom.co.uk

Sun 27 November 2016 10:00 - 11 miles/17.7 km - Moderate (Finishes 16:00 approx.)

Llangollen to Trevor

Starts at 10:00: LL20 8TG, SJ214424

Aqueduct etc

Contact: Emma, 07984311352, emmadearman1@gmail.com

Sun 4 December 2016 10:00 - 10 miles/16.1 km - Moderate (Finishes 15:30 approx.)

North Wales: Aber Falls Abergwyngregyn

Starts at 10:00: Car Park at GR SH 662 720. Leave the A55 at junction 13, following the minor road into Abergwyngregyn. Use the Upper car park on the right (about 1 mile from the A55). (LL33 0LP, SH662720)

Situated in the north west of Snowdonia National Park in Wales, The waterfall is formed as the Afon Goch plunges about 120 feet (37 m) over a sill of igneous rock in the foothills of the Carneddau range. Two tributaries merge; the enlarged stream is known as Afon Rhaeadr Fawr; from the road bridge, Bont Newydd, the name becomes Afon Aber. The Aber Falls are amongst the most impressive in North Wales. Walking along the main footpath towards the falls may spot several small Bronze Age settlements including an excavated roundhouse and smithy fenced off with an information plaque adorning it, several standing stones and cairns are also present. The second leg of the walk crosses moorland to reach the Nant Heilyn woods, weather allowing, with spectacular views of Anglesey and the Menai Straits; before returning via the villages of Crymlyn and Abergwyngregyn.

There is no mobile reception at the start, so if you would like to join me, then please let me know by email or text no later than Saturday Evening.

Car park costs £2 all day and has toilets.

Contact: Craig Horsfield, 07827960184, craig.horsfield@gmail.com

Sun 11 December 2016 10:00 - 6 miles/9.7 km - Leisurely (Finishes 13:15 approx.)

Cheshire - Pick Mere and Arley Park

Starts at 10:00: Parking spaces on Jacobs Way, Pickmere, please be aware that parking spaces are limited and car share where possible. (WA16 0GZ, SJ687771)

A shortish ramble to set yourself up for the annual Cheshire Walkers Christmas Lunch. The walk takes us from Pick Mere, across field path and through the parkland grounds of Jacobethan styled Arley Hall. † Before returning in time for Christmas lunch at the Windmill in Tabley.

Please note that the Christmas meal is strictly for those who have booked a place and this has been confirmed, as places were limited. Although if you are not on the meal you are still welcome to join us for the morning walk.

Contact: Ashley, 07779594510, ashleytimmins@btinternet.com

Sun 18 December 2016 10:00 - 6 miles/9.7 km - Leisurely (Finishes 13:30 approx.)

Macclesfield & the Treacle Market

Starts at 10:00: Meeting at Hibel Road carpark (SK10 2AB). Or, if this is full, there is a multi-storey round the corner on Jordangate (SK10 1EE). (SK10 2AB, SJ917740)

The Macclesfield Treacle market is on this Sunday - and so that's where we're heading!

We have arranged a shorter walk than usual to allow time for people to soak up the festive atmosphere, sample the food and drink on offer, and maybe do a spot of last minute Christmas shopping!

The walk will be a circular route of about 6-7 miles. This will probably include sections of the Middlewood Way and Macclesfield canal, and take in the panoramic views from the Kerridge Hill trig point.

We'll aim to get back to the car park for about 13:30 to squeeze in a couple of hours before the stalls start to close at 15:30.

The walk will be a leisurely pre-Christmas stroll and so should be suitable for everyone.†

Contact: Ade, ade_app@btinternet.com

Tue 27 December 2016 10:00 - 8 miles/12.9 km - Moderate (Finishes 14:30 approx.)

Breakfast and walk

Starts at 10:00: Exact location TBC (SK10 5XE, SJ951760)

Come join us and escape the family for a few hours with our now annual Christmas breakfast and walk. This year's event starts from the Robin Hood pub in Rainow where we start with breakfast at about 9am before a leisurely walk starting at 10. Exact route to be confirmed (I've not looked at the map yet), but it will be around 8 miles based on the Gritstone trail

Contact: Neil, 07852994893, talbot_neil@hotmail.com

Sun 8 January 2017 10:00 - 10 miles/16.1 km - Moderate (Finishes 15:30 approx.)

Pilsbury Castle and Hartington from Longnor

Starts at 10:00: Exact starting location TBC (SK17 0PN, SK090651)

An easy 10 mile walk taking in the motte and bailey castle at Pilsbury and the prettiest village in the whole of the Peak District - Hartington (Think duck pond, cheese shop and you'll get the idea).

Contact: Neil, 07852994893, talbot_neil@hotmail.com

Sun 22 January 2017 10:00 - 11 miles/17.7 km - Moderate (Finishes 16:00 approx.)

Around the Chatsworth Estate

Starts at 10:00: Carlton Lees carpark. Chatsworth Estate. On the B6012.

Car park costs £3 for the day. (DE4 2NX, SK258685)

A walk through the incredible Chatsworth Estate which takes in the mix of natural and man-made landscapes. It will include hill pastures, woodland, lakes, open moor and riverside. We will visit Edensor, the Hunting Tower and Beeley as part of the day.

Contact: Helen, 07801585660, hkarchibald@hotmail.co.uk

Sat 28 January 2017 09:30 - 0 miles/0 km - Moderate

Hawkshead weekend - Saturday walks

Starts at 09:30: LA22 0PA, SD352981

There will be two walks as part of the group's Hawkshead weekend. The weekend is now fully booked, and so only those who are registered on the weekend should attend these walks. Walk details as follows:

(1) Led by Tom to Latterbarrow and Claife Heights

(1) Led by Jay to Tarn Hows, Grizedale Forest and Carron Crag

†

Full details will be circulated to those on the weekend approximately one week beforehand

Sun 29 January 2017 09:30 - 9 miles/14.5 km - Moderate (Finishes 14:30 approx.)

Picturesque walks - Little Langdale Tarn, Low Tilbethewaite, Skelwith Force and Elter Water

Starts at 09:30: LA22 9HN, NY329047

Distance: 9 Miles - Grade: Moderate ñ Highest point: approximately 200m

†

Safety Advise: Please choose your driving route wisely depending on the weather conditions. Driving through Grasmere involves some steep driving paths which could be dangerous in the icy conditions. Some areas of the walk may be boggy so gaiters are recommended. Bring plenty of layers (warm clothing), warm hat, gloves and hot drinks. Good quality walking boots are a must due to the slippery conditions as expected during this time of the year.

†Contact Leader: Ron

Note: I did not get any mobile reception in the area so there is good chance, I will not be contactable via mobile on the day.

Contact: Ron

Sun 5 February 2017 10:00 - 8 miles/12.9 km - Moderate

Penycloddiau and Moel Arthur

Starts at 10:00: Llangwyfan car park, 1 mile east of Llangwyfan village (LL16 4NA, SJ139668)

Come and explore the Iron age hillforts of Penycloddiau and Moel Arthur set in the stunning rolling Clywidian Hills, with pleasant woodlands and fine extensive views across the Vale of Clywd.

Contact: Ashley, 07779594510, ashleytimmins@btinternet.com

Sun 12 February 2017 10:00 - 9.3 miles/15 km - Moderate (Finishes 15:00 approx.)

Llyn Crafnant and the Gwydr Forest from Capel Curig, Snowdonia

Starts at 10:00: Meeting point is the small car park behind the Joe Brown Shop / Pinnacle Stores where the A5 meets the A4086. These shops are on the opposite side of the road from Saint Curig's church. (LL24 0EN, SH720582)

Beautiful views of Snowdon & Siabod (on a clear day) and of two of Snowdonia's lakes

Most of the walk is on good footpaths, but there may be some muddy parts as it is mid-winter. Not many stiles, and no roads/traffic to contend with. There are some details and photos of the walk here:

<http://www.ramblers.org.uk/go-walking/routes-and-places-to-walk/about-ramblers-routes/route-detail.aspx?routeUID=4833> †

It would be good to have a drink in the Tyn-y-Coed Inn (also in Capel Curig) afterwards too.

Contact: Rob W, 07929 100031, robertoward4@gmail.com

Sat 18 February 2017 10:00 - 10 miles/16.1 km - Moderate (Finishes 15:30 approx.)

Beeston Castle and Peckforton Castle

Starts at 10:00: Cheshire Workshop, Barracks Lane, Higher Buwardsley (CH3 9PF, SJ518566)

Please note amended start point and start time since original post.

We will start at the Cheshire Workshop, Barracks Lane, Higher Buwardsley, CH3 9PF.

We will follow the Sandstone Trail to the grounds of Peckforton Castle, then to Bulkeley Hill and Bickerton Hill and back to Higher Buwardsley. The walk is at least 10 miles and there are good views across the Cheshire Plain to North Wales

Contact: Kate, 07817 755564

Sun 26 February 2017 10:00 - 9 miles/14.5 km - Moderate (Finishes 16:00 approx.)

Robin Hood's Stride

Starts at 10:00: The car park at the end of Winster village, next to the school, just beyond Painters Way on the B5057. The car park is free. If the car park is full, there are plenty of on street parking places (DE4 2DU, SK246606)

Robin Hood's Stride is a rock formation on the Limestone Way in Derbyshire close to the village of Elton. The nearest town is Bakewell. †The walk starts in the village of Winster. Highlights include Earl Grey tower, The Nine Ladies Stone Circle, Rowtor Rocks, Cork Stone, the Hermit's cave and of course Robin Hood's Stride itself.

Contact: Phil Anstee, 07881 510308, phil.anstee@outlook.com

Sun 5 March 2017 10:00 - 9.8 miles/15.8 km - Moderate (Finishes 15:30 approx.)

Lathkill and Bradford Dales

Starts at 10:00: The walk starts at Youlgreave Parish Council Car Park at Coldwell End, Youlgreave. The cost is £2.00. There are toilets but they are closed between 1st November and 1st April. (DE45 1UY, SK204641)

A walk around Bradford Dale and Lathkill Dale.

Contact: Alison S, Aliny193132@outlook.com

Sun 12 March 2017 10:30 - 10 miles/16.1 km - Strenuous (Finishes 17:00 approx.)

High Street and Kidsty Pike from Haweswater

Starts at 10:30: Mardale Head car park is approx 2 miles past Haweswater Hotel, just follow same road and stop when you can't go any further (CA10 2RP, NY469107)

This walk may change if forecast bad weather! Please contact leader.†

Approx 10 miles 2600 feet

From Mardale Head car park at Haweswater we climb out of the valley heading towards Blea water. This route is good underfoot though quite steep towards the top. From Blea Water we head for High Street and on to Kidsty Pike before coming back down to Haweswater. The paths are clear but quite rocky going down. Kidsty Pike can be seen from the M6 and is officially the highest point on the Coast to coast at 2560ft. Views of Fairfield, St. Sunday Crag and Hellvellyn can be seen to the west and Penines beyond seen to the East.

Contact: Jane, 07726951504, englishjaneb@excite.com

Sat 18 March 2017 10:00 - 10 miles/16.1 km - Moderate (Finishes 14:30 approx.)

Curbar, Froggatt & White (Derbyshire's high gritstone edges)

Starts at 10:00: National Trust car park at Hay Wood (SK 255 776), off the A625 Sheffield road above Froggatt.

The postcode S32 3ZJ will take you to Froggatt from here stay along A625 and head towards Grouse Inn.

Car Park is in front of Grouse Inn on the same side of the road marked Longshaw estate as you turn left towards the car park.

Note: there is a 4£ all day parking charge. (S32 3ZJ, SK246765)

This walk starts from Haywood national trust car park, From here we walk along Frogatt Edge followed by Curbar Edge, after reaching Curbar Edge car park we turn left and follow White Edge, towards the end of White Edge at the junction of A625 and B6054 we head towards Longshaw estate, after walking across the estate we descend tumbling hill and return to the start point.†

Contact: Nivedita (Nive), 07708701374, nivith@gmail.com

Sun 26 March 2017 10:30 - 7 miles/11.3 km - Strenuous (Finishes 15:30 approx.)

Glyder Fawr and Glyder Fach

Starts at 10:30: The starting point is the National car park at Idwal Cottage. The cost of the car park is around £4.00 (LL57 3LZ, SH648603)

This is a Welsh Classic which starts at Idwal Cottage at the western end of Llyn Ogwen and then climb past Llyn Idwal, up through Twll Du (The Devils Kitchen) to the rocky summit of Glyder Fawr at 999m. We will then traverse a landscape more akin to the moon to the summit of Glyder Fach at 994m. We will then descend to Bwlch Tryfan before returning to Idwal Cottage via Cwm Bochlywyd.

Leaders: †Annie and Alison S

Contact: Alison S, Aliny193132@outlook.com

Finding the start of your walk

Start and meeting points include nearest postcode and an Ordnance Survey grid reference accurate to 100m. Use postcodes with care: in rural areas the nearest postcode may be some distance from the actual start point. See OS maps for an explanation of how to use grid references.

Grades

- **Easy Access** - walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections.
- **Easy** - walks for anyone who does not have a mobility difficulty, a specific health problem or is seriously unfit. Suitable for pushchairs if they can be lifted over occasional obstructions. Comfortable shoes or trainers can be worn.
- **Leisurely** - walks for reasonably fit people with at least a little country walking experience. May include unsurfaced rural paths. Walking boots and warm, waterproof clothing are recommended.
- **Moderate** - walks for people with country walking experience and a good level of fitness. May include some steep paths and open country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential.
- **Strenuous** - walks for experienced country walkers with an above average fitness level. May include hills and rough country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential. People in doubt about their fitness should contact the organiser or leader in advance.
- **Technical** - walks for experienced and very fit walkers with additional technical skills. May require scrambling and use of ropes, ice axes and crampons. You must contact the organiser or leader in advance for further details.

Notes

- Walk gradings are provided as a general guide only. If you have any doubt about your fitness for a particular walk please contact the organiser or leader in advance.
- Bear in mind the distance of the walk, regional differences in terrain and the possibility of bad weather, which can make a walk more difficult than planned.
- If you're unsure of your fitness level, try a short and easy walk first - it's much better to find a walk a little too slow and easy than to make yourself miserable and exhausted.
- Leaders may refuse to accept participants who in their opinion are inadequately equipped or unfit.

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Not already a member then why not join today at <http://www.ramblers.org.uk>.